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Terror hits home

Questions remain about the shooter, the victim and what needs to be done to protect Canadians.

Police chief vows to uncover any links gunman may have had to Calgary
Woman recalls the efforts made to save the life of dying soldier
Residents of Ottawa shelter say gunman was 'weird' but 'likable'

PAGE 3
PAGE 20
PAGE 21

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How could this happen?

Brazen attack. Videos reveal gunman went untouched for two minutes en route from War Memorial to Parliament



No one intercepted Michael Joseph Zehaf Bibeau during the nearly two minutes it took him to bolt from one car and hijack another on his way to Parliament Hill's Centre Block even though the man was openly carrying a large rifle.

The details of the shooter's deadly trip from the National War Memorial on Wednesday — where he shot and killed Cpl. Nathan Cirillo — up to the steps of the Hill have now been revealed through videos released by the RCMP.

The footage clearly shows the 32-year-old bearing a rifle and running up the Hill, with people fleeing his path.



Michael Zehaf Bibeau is shown carrying a gun while running toward Parliament Hill in Ottawa on Wednesday. RCMP/THE CANADIAN PRESS

What transpired behind the front doors of Centre Block is still unclear and the RCMP say they are aware of the questions about their role in guarding the Parliamentary Precinct.

"I can tell you, it is certainly a challenging security environment," said RCMP Commissioner Bob Paulson in his statement on Thursday.

"We must balance the need to be responsive to potential threats and risks to our Parliamentarians, their staff and the general public, with the freedom to allow for secure and democratic access in and around our institutions of government."

Zehaf Bibeau fired two bullets at Cirillo at around 9:50 a.m. outside the Nation-

al War Memorial. He fired his .30-30, lever-action Winchester rifle at a second guard, but missed. According to the RCMP, witnesses heard Zehaf Bibeau yelling something in English and running north.

He used a beige car to drive to Wellington Street, where he parked out front and ran towards the East Block. He hijacked a minister-

ial car and drove toward Centre Block before parking nearby and running toward the main doors. RCMP officers in cruisers noticed the hijacking and pursued in their cars, but couldn't get to Zehaf Bibeau before he jumped out, and ran inside Centre Block.

The rampage lasted about four minutes.

It was quick, and security

on Parliament Hill was at a medium level — like it has been for years — said Paulson. It's currently at an "elevated level" and will be as the investigation continues, he said.

Zehaf Bibeau, who was believed to have "radical" views, was not on an RCMP watchlist. He had been in Ottawa since at least Oct. 2, to deal with a passport application. He was planning to head to Syria. Police believe his passport may have been a motive in the shooting, as were his "radical" views.

A focus of the investigation is how he obtained the beige car, which he bought on Tuesday.

Police believe the gunman acted alone, despite rumours that there was more than one individual. RCMP also have no information linking the shooting to the hit-and-run attack on two soldiers in St-Jean-sur-le-Richelieu, Que., earlier this week.

"There is no way of knowing where or when such an attack could take place," said Paulson.

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Top cop vows to uncover Calgary links to Parliament Hill shooter

Local connection?

Car registered in Michael Zehaf Bibeau's name caught speeding in Edmonton



JEREMY NOLAÏS

jeremy.nolais@metronews.ca

Calgary's chief of police pledged Thursday to get to the bottom of whether the Parliament Hill shooter ever lived in the city and with whom he may have associated.

Earlier in the day, RCMP Commissioner Bob Paulson told reporters in Ottawa that Michael Zehaf Bibeau had criminal charges that were "outside of the national security world" but stemmed from time spent in Calgary.

But Police Chief Rick Hanson later said the only link that had been uncovered was a car registered in the shooter's name that was caught speeding in Edmonton.

The car's registration did list a Calgary address, one belonging to a southwest mosque.

"We want to know everything about him," Hanson said.

"We've got sources within the community that we'll be checking with to see if they recognize him or know any-

Tragedy in Ottawa

Before Wednesday's terror:

- It's believed Michael Zehaf Bibeau had been in Ottawa since Oct. 2 and bought a car in the nation's capital the day prior to the attack, RCMP said.
- On Wednesday, Zehaf Bibeau allegedly shot and killed Cpl. Nathan Cirillo, who was standing guard at the National War Museum, before storming into Parliament Hill's Centre Block.

thing about him."

Officials from the mosque couldn't be reached for comment Thursday.

On Wednesday, Zehaf Bibeau allegedly shot and killed 24-year-old Nathan Cirillo, a soldier standing guard at the National War Memorial, and then proceeded into the Hill's Centre Block.

He was followed and killed by law enforcement officials, including former Calgary Mountie Kevin Vickers, who now serves at the Hill's sergeant-at-arms.

Little was known about Zehaf Bibeau's past until Thursday, when Paulson told reporters the shooter was born in Montreal, had lived



Michael Zehaf Bibeau might have lived in Calgary at one time; city police are investigating. TWITTER.COM

in Calgary and dwelled most recently in Vancouver.

But Hanson stressed that because the Calgary car registered to Zehaf Bibeau was caught speeding by a photo-radar device, it's impossible to know whether he was behind the wheel at the time.

It also wasn't clear when the offence occurred.

"This is an individual who not only murdered somebody in cold blood but also

clearly had a suicidal ideation," Hanson said.

"He knew he was going to die when he went into the Parliament buildings to do whatever he was going to do ... if there are people he was associated in Calgary, would those people be of concern? Absolutely."

Paulson said "no linkages" had been established between Zehaf Bibeau and a group of city youth known to have headed overseas to join

Islamic extremists.

Hanson has been warning in media interviews for months about the radicalization of certain youth populations.

He said Thursday that people would be "immensely naive" to believe none of those people currently reside in Calgary.



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1 NEWS

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"If there are people he was associated to in Calgary, would those people be of concern? Absolutely."

Police Chief Rick Hanson

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Alta. soldiers encouraged 'not to linger in uniform'

Risk mitigation.

Soldiers' instructions on wearing uniforms in public vary across the country

Following the killings of two soldiers in Eastern Canada earlier in the week, soldiers in Alberta were "encouraged" — but not ordered — on Thursday to limit the amount of time they spend in public wearing their uniforms.

"We've been told to encourage our members not to linger in uniform in public places," said Maj. Graham Longhurst of 41 Canadian Brigade Group. "The posture that is being taken is appropriate to the area in Western Canada."

Headquartered in Calgary, the brigade is made up of nine units across Alberta, and counts some 1,200 reservists among its ranks.

"You don't want to present yourself as a target of opportunity for somebody that

decides they want to copycat something that's going on," Longhurst said. "It's all about risk management. You always want to try to mitigate the risk as much as possible."

Soldiers in the National Capital Region, meanwhile, were instructed by Chief of Defence Staff Gen. Tom Lawson "to not wear their uniforms when travelling to and from their places of work," effective Thursday, as a "temporary measure."

"This order was not given lightly," Lawson said in a statement. "As Canadian Armed Forces members, we wear our uniforms with pride and we will continue to do so."

Longhurst said reservists aren't in uniform as much as full-time soldiers but often do dress up in their military clothing when invited to events.

"And in Calgary, here, we've got 40 people working in the headquarters which are full-time people and we go back and forth to work wearing uniforms," he said.

ROBSON FLETCHER/METRO



A flag flies at half-mast outside the Mewata Armoury in Calgary Thursday, behind a growing memorial of flowers placed by city residents. A card on one bouquet read: "Thank you Cpl. Nathan Cirillo for your service to our country. Our prayers will be with you." ROBSON FLETCHER/METRO

Honouring the fallen

Calgary to honour fallen soldiers in weekend vigil

The effects of the fatal shooting in Ottawa rocked the nation and are being felt as far west as Calgary, where, on Saturday, a group of concerned and mourning Canadians will gather in solidarity to commemorate a fallen soldier.

"I'm just a local Calgarian, and some friends of mine decided we wanted to do this," said Merle Terleski, who is organizing the weekend vigil. "It's just something that's important to me."

The gathering will be held at 11 a.m. at the Central Memorial Park in the downtown core. Participants are encouraged to bring Canadian flags to show support and sing the national anthem.

"We want to show that Calgary is a peace-loving city and that we welcome people from all different backgrounds," said Terleski. "We really want to have a big presence in front of the war memorial to honour the (lives that were lost)."

Cpl. Nathan Cirillo, a reservist based in Hamilton Ont., was standing guard at the Tomb of the Unknown Soldier on Parliament Hill in Ottawa when he was shot dead Wednesday morning. Another soldier, Warrant Officer Patrice Vincent, was killed when he was hit by a car in Quebec Monday.

Across Canada, and including Calgary, flags flew at half-mast to commemorate the deaths of both soldiers.

HELEN PIKE/METRO

Cleric says imams need to vet converts



Imam Syed Soharwardy
THE CANADIAN PRESS

A prominent Muslim cleric from Calgary says he intends to reach out to other imams to make sure that new converts to Islam are watched closely for signs of radical beliefs.

While authorities have made links to extremism in both the Ottawa and Quebec at-

tacks, Imam Syed Soharwardy of Calgary says he is concerned about media reports that the two perpetrators were recent converts to Islam.

Soharwardy, the founder of Muslims Against Terrorism and the Islamic Supreme Council of Canada, said imams should look for warning signs, such

as a criminal record or drug abuse, before allowing an individual to convert.

"I'm not sure who helped them to convert to Islam. Who was the imam? What kind of relationship did those people have with those people who converted them to Islam? Those very important questions

need to be answered," said Soharwardy.

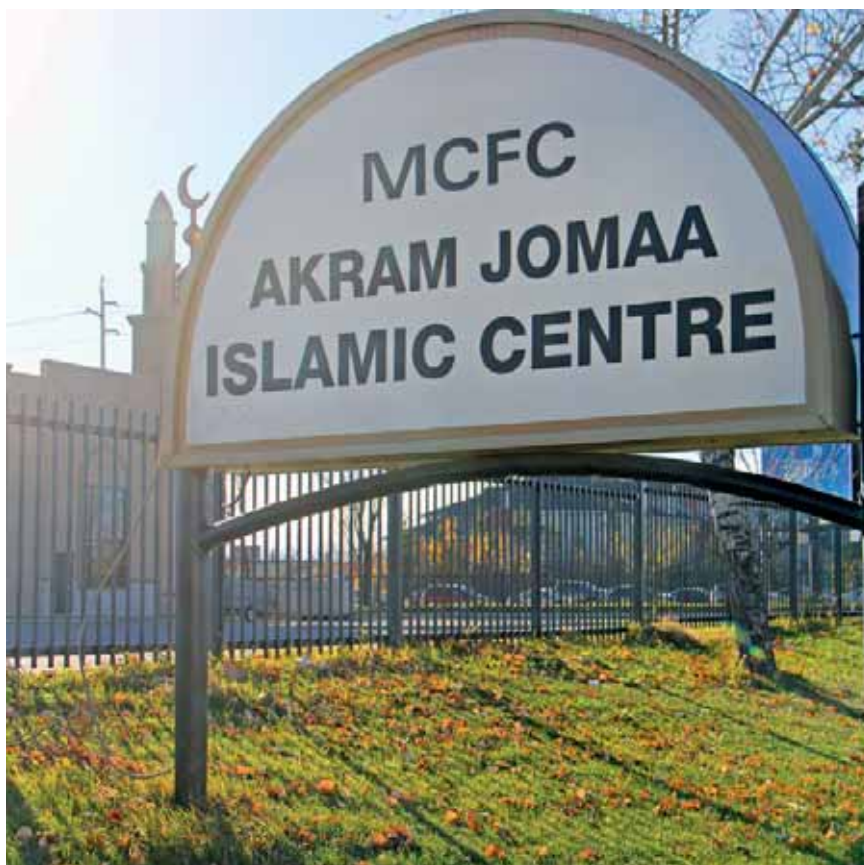
"They should take on the responsibility of checking backgrounds and staying in touch and make sure this person is not being recruited by any radical organization or terrorist organizations."

THE CANADIAN PRESS

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Some members of the Calgary Muslim community are afraid that the shootings in Ottawa will lead to racial stereotyping in the city. YASMIN JASWAL/FOR METRO

Minority groups afraid of backlash after Ottawa attack

Community cohesion.
Police to meet with Islamic groups Friday

Members of Calgary minority groups appeared torn Thursday on whether they'd be subjected to racial stereotyping in the wake of an Ottawa shooting rampage committed by a Canadian-born citizen who had reportedly converted to Islam.

"I didn't sleep last night. I felt ashamed at the train station this morning. There were people staring," said Seemeen Khan, a Muslim who's lived in Canada for 37 years. "We're people, we have kids, we have lives. We're not criminals. Our religion means peace."

But Imam Fayaz Tilly, who serves as a chaplain at the University of Calgary, said he

believes most Canadians know the difference between the many peaceful Muslims and the few extremists.

"For the majority of Muslims, we're safe and we feel safe," said Tilly. "We hope Canadians would be able to distinguish between the actions of a fraction of a fraction of a per cent and the other one million ... who have become part of the social fabric of this beautiful land."

Tilly's sentiments were echoed by members of the Sikh community, who have previously been on the receiving end of racial backlash following terrorist acts.

"I believe in our country, and the Sikh community has a big presence here in Canada," said Rajan Sawhney, the Punjabi School co-ordinator at the Sikh Society of Calgary. "It doesn't mean that racism

Hate crimes

According to Statistics Canada, there were 1,414 police-reported hate crimes in the country in 2012. Fifty per cent of these were race-based, while 30 per cent were religion-based.

- **Visible minorities.** The 2011 National Household Survey reported that one in every five Canadians was of a visible minority. The same survey showed that 28 per cent of Calgarians are part of visible minorities.

doesn't exist or there won't be a backlash but for the most part our community and neighbours are supportive and friendly." YASMIN JASWAL AND JEREMY NOLAIS/METRO



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Students rally against program moves



Grade 12 students Audrey Wilcox, left, and Bree Revitt-Lang are steering efforts to protest the move of three programs from Jack James High School to nearby Forest Lawn High School. JEREMY NOLAIS/METRO

Education. Jack James learners say fights could break out if they're forced to attend nearby Forest Lawn High

Nearly 250 students at a south-east Calgary high school have signed a petition and some are penning letters to school officials, the mayor and the premier protesting the transfer of three coveted programs to another facility.

Jack James High School is due to undergo an \$11.7-million modernization that site concepts posted online indicate will improve and expand the autobody, horticultural, building trades and child-care spaces.

But students have learned that, to do that, the school's popular auto mechanics, welding and cosmetology offerings will be shifted permanently to nearby Forest Lawn High School.

Grade 12 student Audrey Wilcox said a long-standing rivalry between the two schools remains and she fears for her

Improvements

"Due to the age and condition of the building components, a modernization will improve functionality, security, safety and will upgrade building infrastructure," a website posting reads.

peers who will be taking a portion of their courses in a less-friendly environment.

"There will be fights," she said. "They didn't take us into account at all ... We never talked about this in a class. We never had an assembly. It was never even included in the announcements."

Jack James is one of four Calgary Board of Education high school facilities approved by the province for career- and technology-focused modernizations. Upgrades will also occur at Bowness, James Fowler and Lord Beaverbrook.

An open house concerning all of the modernization projects was held in June, but Wilcox claims students weren't made aware.

Thursday morning, Metro inquired with the school board about the backlash brewing at Jack James, but was told late in the afternoon that no spokesperson would be available until Friday.

Larry Leach of the Association for Responsive Trusteeship in Calgary Schools said the board needs to work to communicate with students just as much as parents and other stakeholders.

"Any time you can give people more information and more of a say, you're going to have a much smoother transition," he said.

Grade 12 student Bree Revitt-Lang counts herself among those frustrated by the modernization. She has been carrying a petition around school and obtained 247 signatures in three days. She took three auto-mechanics courses, but now fears other students will steer clear to avoid learning at Forest Lawn.

"You come to Jack James because you like Jack James — you don't want to go to another school," she said.

JEREMY NOLAIS/METRO

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Pam Krause, left, and Nick Moore with the Calgary Sexual Health Centre are seen in 2012 with some of the hand-painted 'woodies,' that were being used in an awareness campaign. Celebrity-painted 'woodies' are being auctioned off to raise money for sexual health education programs.

METRO FILE

Province not tracking collisions caused by distracted driving

Alberta roads got a little bit more chaotic in 2013, according to the latest number from the province.

There were 358 traffic fatalities in 2013, up slightly from 2012. The number of injury collisions also rose 2.4 per cent, but when the number of new drivers and vehicles on the road are

factored in the rate is actually seeing a slight decline.

While the province tracks alcohol and seat belt use, they don't track distracted driving as a factor.

Christine Way, a spokeswoman for the transportation minister, said unfortunately the province can't conclusively say

when distraction was a factor.

"For us to be able to give Albertans an accurate picture of those numbers is very difficult if not impossible," she said. "It's not like blood alcohol where you can test someone and know."

The province has been pressured to add demerit points to

the penalty for distracted driving. Way said the department wants more data about how the law is working, but not necessarily about collisions.

"The legislation has only been in place for two years, so at this point in time we don't feel enough time has gone by," she said. **RYAN TUMILTY/METRO**

Resources limited for junior high sex ed info

Sex, Wine & Rock 'n' Roll. Fundraiser addresses growing need of sexual health in junior high schools

YASMIN JASWAL
calgary@metronews.ca

The Calgary Sexual Health Centre wants to normalize sexuality and give everyone the right information to help make informed decision involving sexual health — something that's hard to do with only four sexual health educators.

"Our work really is to make people more comfortable to actually have conversations about sexual health and sexuality," said Pam Krause, President and CEO of the organization. "It leads to much more positive outcomes for individuals and for society."

The CSHC has seen a rise in requests for in-class sexual health educators, with the ma-

jority of requests coming from junior high schools, where, according to Krause, students are asking teachers about pornography, sex and relationships.

But, for the first time since it began working with the Calgary Board of Education in 1975, the CSHC has had to turn down requests due to a lack of resources.

To change this, the organization is hosting a Sex, Wine & Rock 'n' Roll fundraiser at Flames Central on Thursday, November 6.

Proceeds from the event will go towards hiring more staff and supporting the sexual health education program.

The fundraiser will feature a performance by The Lovebuddies, a wine tasting, and an auction for "woodies", which are props used by educators.

The woodies have been painted by different celebrities, including Olympian Clara Hughes and musical duo Tegan and Sara.

Tickets and information about the event can be found online at www.calgarysexualhealth.ca.

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Alex Auger, holding the Canadian flag, poses for a photo with Team Canada's entry in the 2014 Homeless World Cup in Chile. The Calgary resident said sport has helped turn his life around. FACEBOOK

Alberta influence

Winnipeg's new mayor got advice from Nenshi, Iveson campaigns

The political campaigns of Calgary Mayor Naheed Nenshi and his counterpart in Edmonton Don Iveson didn't just inspire Winnipeg's new Mayor Brian Bowman — they gifted him real, sound advice.

In an interview with Metro Winnipeg on Wednesday, Bowman said his team was given a hand by a mutual friend.

"I have yet to meet Mayor Nenshi, but my wife and I have a close friend that was one of the architects of Mayor Nenshi's first campaign," he said.

"He was an incredible counsel to us ... we were able to learn what they did and to try to make it our own, and use what worked for us."

Bowman added that he's "certainly not Nenshi, I'm Brian, and there's only one Nenshi, but we wanted to learn and we wanted to improve upon some of the campaign tactics."

As for Iveson, Bowman said before announcing his mayoral candidacy he met Iveson's campaign manager while visiting the Alberta capital for work.

"What's funny is his campaign manager was an old high-school friend of Don Iveson, and my campaign manager is an old high-school friend of mine,

BERNICE PONTANILLA/METRO IN WINNIPEG

Changing lives with soccer

Homeless World Cup.

Team Canada starts tourney 0-5, but Alex Auger walks away a winner



ROBSON FLETCHER
robson.fletcher@metronews.ca

From the streets of Edmonton to street soccer in Santiago, Alex Auger's path has been a

long one and winding one.

"I never had a good upbringing; I've grown up on the streets since I was 14," the now-24-year-old Calgary resident said. "I raised myself."

Rarely getting a chance in life, Auger said he seized what he thought was his opportunity as a young adult, only to see it slip away.

"I had everything — I had a wife, I had a house, I had a son," he said. "And then I lost it all in the divorce."

Things "got a little crazy" after that, and Auger decided it was time to leave Edmonton.

"So I went for a long walk," he said. "Nine-hundred and seventy-seven kilometres on Alberta highways. Three months.... I walked so much that I couldn't walk any more, and Calgary is where I ended up."

Auger lived at the Drop-In Centre for a spell, but found his way out of homelessness about a year and a half ago,

after connecting with Calgary Street Soccer, a non-profit group that helps people "get their lives back on track through the power of sport."

"I wanted to get into sports so I could stay out of trouble," Auger explained.

Weekly practices of the 4-on-4 version of soccer progressed into inter-provincial tournaments, and tournaments progressed into Auger making Team Canada, which is competing this week in the Homeless World Cup in

Chile, against 53 other teams from around the world.

Team Canada lost its first five matches, but that doesn't worry Calgary coach Kevin Scullion, who said the event is more about making friendships and improving lives.

"They realize we're not a soccer nation," he said of the other teams in the tournament, via a Skype interview from Santiago.

"They know we're hockey players," added Auger, laughing.

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Request rejected. Top court won't hear appeal of convicted psychiatrist

The Supreme Court of Canada has shut the door on a psychiatrist's request to appeal three convictions for sexually assaulting his court-appointed patients.

Dr. Aubrey Levin of Calgary was found guilty by a jury in January 2013 and was sentenced to five years in prison.

He had asked the Supreme Court to hear an appeal of his convictions, but that request has been denied.

As always, the top court did not give reasons for its decision.

Allegations against Levin came to light in 2010 after one of his patients came forward with secret videos he had recorded during sessions with the psychiatrist.

The patient was on probation at the time the videos were taken and had been ordered by a court to see Levin twice a month.

The man said he had told authorities about pre-

vious assaults and no one believed him, so he bought a spy camera and brought it to his appointments.

The videos, played in court during the trial, showed Levin undoing the man's belt and jeans and appearing to fondle him.

The patients had been assigned to Levin between 1999 and 2010 by the justice system.

Levin's wife was convicted earlier this month of trying to bribe a juror during her husband's trial.

Erica Levin was charged with obstruction after a juror came forward to say she had been approached by a relative of the accused.

The juror testified she was offered \$1,000 if she found Levin not guilty. She was excused from the doctor's trial after she came forward with her allegations.

She will be sentenced next month.

THE CANADIAN PRESS



IN DEFENCE OF
Mike Morrison
calgary@metronews.ca

They say that insanity is
doing the same thing over
and over again and expecting
different results.

Well, Calgary, I feel like I'm going insane. Every day, I watch the same thing outside my window. You see, I live across the street from a no-parking sign, it's always no-parking; every day, all day, no matter the day, and all the time I watch people willingly park there.

I watch them look at the sign and then pull into the spot anyway. On the really special days, I watch them get out of their cars and actually pay to park there illegally. Honestly, they look at the no parking sign, then look down

the street and use the Park Plus code that's meant for the other spots. Then, when they inevitably get tickets, I watch as they try to figure out where their life went wrong. It's fascinating.

If there's one issue that unites Calgarians, it's parking woes. It's also our go-to lie. Anytime we're late, we always blame parking. But parking in Calgary is getting a bad reputation. What if parking isn't the problem? What if it's the people who don't know how to park that are the problem?

For a while now, I've noticed that the amount of bad parking practices in this city is on the rise. It seems that any time there's a conversation at City Hall about changing infrastructure downtown, people's main concern is parking.

But next time you're walk-

Our car-mmunity

If there's one issue that unites Calgarians, it's parking woes. It's also our go-to lie.

ing around downtown, look at how people are parking. Instead of parking with a conscience — meaning that you think about the other people who might also want to park downtown — the spaces, gaps or amount of room that people are leaving are, no doubt, only adding to the city's parking woes. Not to mention the giant SUVs and trucks that just barely and rarely, fit into a normal parking spot.

But the griping about parking doesn't stop there. If it's not about parking, it's about tickets. I can't believe

that I'm about to defend the Calgary Parking Authority here, but aren't almost 100 per cent of parking tickets our own fault? Don't we all get parking tickets because for whatever reason we don't want to follow the rules? If you follow the rules, you don't get a ticket. Yet, instead, Calgarians seemingly love to fill the coffers of the CPA rather than pay attention and follow the rules.

For as long as there have been cars, there have been people complaining about parking. But instead of waiting for City Hall to fix what probably doesn't even need to be fixed, why don't we try and tackle the problem ourselves, it's easier, faster and a whole heck of a lot cheaper.

Mike Morrison writes Mike's Bloggity Blog and tweets from @mikesbloggity

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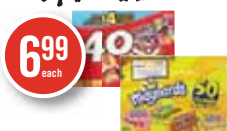
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Airdrie

Police seek two women after theft of blue jeans

Airdrie RCMP are asking for help from the public in identifying two suspects in an alleged robbery case.

On Sept. 24, two women entered the Below the Belt at Cross Iron Mills.

One distracted the store staff while the other stole

two pairs of jeans.

Both suspects are described as white, heavy set and blonde.

One had her hair in a bun and was wearing dark clothing, while the other was wearing all black with brown boots.

Anyone with information is asked to call Airdrie RCMP at 403-945-7267 or Crime Stoppers at 1-800-222-8477.

METRO

Calgary Flames

Slain soldiers honoured at game

A moment of silence was observed before the Calgary Flames hosted the Carolina Hurricanes on Thursday to commemorate the shootings in Ottawa and attack in Quebec. Country music singer George Canyon sang O Canada as a large Canadian flag was unfurled at centre

ice of Calgary's Saddledome.

The pre-game ceremony was held in honour of Cpl. Nathan Cirillo, who was shot and killed on Wednesday as he stood watch at Ottawa's National War Memorial. Cpl. Cirillo was the second soldier to die in an attack this week. Warrant Officer Patrice Vincent was run down by an attacker on Monday in Saint-Jean-Sur-Richelieu, Que.

THE CANADIAN PRESS



Thian Hundert in his backyard with the latest haul of donations to the Bicycles for Humanity Calgary chapter. ROBSON FLETCHER / METRO

He's a big wheel for bike charity

Bicycles for Humanity.

Thian Hundert's Chinook Park home doubles as drop-off point for donations



ROBSON FLETCHER
robson.fletcher@metronews.ca

are given a "quick safety check" before being packed into shipping containers and sent off, along with tools and spare parts. In the case of the Uganda-bound bikes,

Hundert said a team of "experienced bike mechanics" helps teach local community members the tricks of the trade as well "a bit about running a business."

"So this container is then converted into a bike shop," he said.

So far, the Calgary chapter has sent away six full containers and is working on filling and sending two more in the fall.

The containers cost about \$4,000 to purchase and \$8,000 to ship.

To help cover the costs, Bicycles for Humanity accepts donations and is currently in the running for support from the online-vote-based Aviva Community Fund.

By the numbers

1600

The number of bikes the Calgary chapter of Bicycles for Humanity expects to ship this year.

Most people would be upset to come home and find old bicycles strewn about their front yard, but not Thian Hundert.

Sure, he prefers when people drop them around back, but he'll take them any way he can get them, as his Chinook Park home doubles as an official drop-off point for the Calgary chapter of Bicycles for Humanity.

In the past five years, Hundert has helped collect thousands of bicycles languishing unused in garages or destined for the trash heap and sent them to people who can actually make use of the two-wheeled transport in Uganda, Mexico, and the Northwest Territories.

Hundert said the bikes

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Calgary community is living green and loving it

Echo Haven. Tucked in a cul-de-sac in Rocky Ridge, this project puts the focus on sustainable living

YASMIN JASWAL
For Metro

Being environmentally conscious without making major lifestyle changes and spending large sums of money seems unrealistic, but a small neighbourhood in northwest Calgary is proving that it's possible, and that anyone can do it.

The neighbourhood is called Echo Haven, and it's located in a cul-de-sac in Rocky Ridge. The houses in the community are either net zero, meaning they produce the same amount of energy as they use in a year, or EnerGuide 84, which is almost twice as energy-efficient as a standard new home in the city.

Martin Pelletier, who moved into the community from Lakeview this past May, said he wanted a smaller home where his family would use all the space and be close to nature. For him, the energy efficiency is "the coolest part."

"We use a lot less (energy)," said Pelletier, whose former home, a 1959 two-storey, was costing him between \$600 and \$700 a month in winter for utilities. Since his move, his utility bill has been around \$150 a month.

"I'm a firm believer in the environment, but it also has to make economic sense," said Pelletier.

Dave Spencer, one of the people who envisioned the community more than 20

years ago, said that his team set standards for how homes should be built years before Echo Haven began construction.

All houses face south, which allow them to capitalize on sunlight for solar heating.

Rainwater is stored and reused, homes are heavily insulated to make them airtight, and no natural gas is used. The homes are small (at 2,200 square feet) and compact, allowing 60 per cent of the natural landscape to be preserved.

"What it makes for is a really comfortable, great house to live in," said Spencer.

The way energy is created, stored and used may be different, but besides the solar-panelled roofs and a few small details in and around the houses, Echo Haven looks like a regular neighbourhood surrounded by nature.

"The cool thing about it is that it's just like any other house," said Pelletier.

"The technology is implemented into the house without making it stand out."

The community is currently still under construction.

Nine out of the 25 lots remain to be sold, and not all houses on lots that have been sold are finished or occupied.

Builders are also working on a community house called SolAboode, which was originally created by Alberta's Solar Decathlon Team for the Department of Energy's Solar Decathlon in Washington, D.C. in 2009.

SolAboode will replace the need for a guestroom in residents' homes and will allow visitors a chance to experience living green.

The community also plans



Echo Haven in the community of Rocky Ridge is still in the process of being built, with nine lots still empty and a few houses waiting for residents to move in.

PHOTOS: YASMIN JASWAL/METRO

Quoted

"It's just a matter of having a healthy lifestyle. What better place to start than having a home that encourages that type of living?"

Echo Haven resident Martin Pelletier

to open a greenhouse next year, which will allow residents to grow their own vegetables year-round.

"It's just a matter of having a healthy lifestyle," said Pelletier. "What better place to start than having a home that encourages that type of living?"

For now, Echo Haven is the only community of its

kind in the city, and although it's proving that energy-efficient homes are realistic to build and live in, it doesn't seem like this type of neighbourhood will be reaching other parts of the city any time soon.

"It's still a fairly new concept," said Spencer. "Right now, we're not looking past finishing this community."



Proud homeowners Martin and Vickie Pelletier stand in front of a mural on their home in Echo Haven.



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U of C

Students, officials
urge free textbooks,
publications

Students, faculty and administrators at the city's largest post-secondary institution are hoping to crack open a conversation on the benefits of free textbooks and other academic publication.

The University of Calgary's Forum on Open Access is due to run from 11 a.m. to 2 p.m. in the Gallery Hall of the on-campus Taylor Family Digital Library.

It comes months after the provincial government committed \$2 million to explore options related to open-access educational resources — that is, textbooks and other literature that's offered up for free online.

"Tuition is easier to budget for, but you don't know what the cost of your textbooks is going to be," explained Jarrett Henry, president of the university Students' Union. "You just look at tuition and maybe the cost of your residences, but there's a lot of ancillary costs — textbooks, parking — and

that's a huge concern."

The B.C. government has already launched a "open textbook" program and said last year that 300 post-secondary students in that province had benefited from downloading literature available for free online — each learner saved an average of \$146 on their fall semester book costs.

Tom Hickerson, the U of C's vice-provost of library and cultural resources, said his institution already offers up nearly 60 titles for free and deflected any talk of push-back from academics, who could stand to net royalties from their published works.

"What they really want is to have an impact with their research and writing — that's a real prize," he said, "and the likelihood — at the cost of buying and shipping of printed books — the likelihood of that (profiting) is between thin and nil."

JEREMY NOLAIS/METRO

It adds up

\$1,700

Alberta university students spend up to \$1,700 annually on textbooks.

Earthship greenhouse to give yearlong harvest

It'll keep growing and growing and ...
Unique structure on Grow Calgary's urban farm heralded as good news for food bank



HELEN PIKE
helen.pike@metronews.ca

Farmers do what they can to extend the meagre Calgary growing season, but there's a group on the Grow Calgary urban farming lot taking growing in the city to an unimaginable level: 365 days a year — all made possible by what Scott Davidson calls an earthship greenhouse.

Tires piled high and cans encased in cement make up the structure, which was built off of donations and recycled materials. It doesn't

look like much, but soon this pile will house as many plants as can fit in the small space, year round.

"I don't know what kind of intensity farming we can pull off with this; it's my first attempt," said Davidson. "We're going to have multiple crop rotations in there, I'm going to experiment and see if we can get some dwarf banana trees and pineapple trees growing in there."

Earthships are normally known as housing concepts. They are built up to be self-sufficient, using the sun's rays to heat a packed-soil retaining wall and gathered rainwater instead of tapping into city pipes.

This structure borrows from the traditional earthship builds, but adds a greenhouse element to the mix.

This build will have two greenhouse spaces: one that will have a steady, more-

Tracking the science

On top of the crop experiment, Davidson is planning on collecting data from the greenhouse.

- Using 15 to 20 temperature sensors in the greenhouse, outside, and around the structure he'll measure the temperature fluctuations.
- After a year or two, he will be able to pull the data and create a graph, giving a proof of concept to those skeptical of whether or not earthships really work.

tropical temperature, and a second greenhouse that will house the Alberta-indigenous crops that can take the climate's fluctuating temperatures.

Davidson broke ground on the project in June, and has been working with five to 10 volunteers ever since. He hopes to finish the project in December and start growing in the new year.

"The greenhouse should be growing food, up to and including the vertical growing along the walls as well," said Davidson.

"Even in the coldest months of the year here in Calgary, we're still going to be producing fresh greens and vegetables for the Calgary Food Bank."

Paul Hughes, farm manager at Grow Calgary, said he's really excited about the project. He feels like the urban farm isn't producing nearly enough food baskets for the Calgary Food Bank, and they are always looking for ways to extend the season and optimize how much crop makes it into the hands of the hungry.

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Scott Davidson works on his earthship greenhouse, a project on the Grow Calgary lot that will provide the Calgary Food Bank with fresh fruits and vegetables year-round.
HELEN PIKE/METRO

'It's pretty mind-blowing.' Edmonton lotto winners score \$30-million prize

An Edmonton pair claimed a huge lottery prize Thursday, just two weeks after they found out they were multi-millionaires.

Edmonton's Joan and Wade Lidkea picked up their cheque at the St. Albert Gaming and Liquor Commission office, still shaken that they had just won \$30,818,287.80 on an Oct. 10 Lotto Max quick pick ticket.

According to the Lotto Max facebook page, Joan was surprised it was one of the two quick pick selections on her ticket that won. The winning numbers for the draw were 5, 13, 18, 28, 31, 38 and 44.

"It's pretty mind-blowing. I have played a certain set of numbers for years, and for whatever reason, I always expected those would be the ones to win," said Joan, remembering that as she checked her ticket and got to the last set, she thought, "I have all the numbers."

Joan said both she and Wade were shaking after he



Edmonton lotto winners Joan and Wade Lidkea. CONTRIBUTED

confirmed all the ticket numbers were correct.

"I got sweaty hands and I didn't know what to do," Wade said.

The Lidkeas win is one of the largest in Alberta history, though many of the biggest purses have been claimed by Edmonton-area winners. Even the winning ticket for the \$250,000 Extra prize on the same Oct. 10 lottery draw was bought in Edmonton, according to the Western Canada Lottery Corporation.

LUCY HAINES/FOR METRO EDMONTON



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Sergeant-at-Arms Kevin Vickers used 9-mm pistol to kill shooter

Parliament. RCMP veteran had never before fired a gun while on duty, family says



LUKE
SIMCOE
Metro Online

When Michael Zehaf-Bibeau burst through the doors of Parliament, House of Commons Sergeant-at-Arms Kevin Vickers was armed only with a sword.

Forged in the 19th century, the ceremonial "Gaunt blade" — the symbol of Vickers' office — was no match for the double-barrelled shotgun clenched in the gunman's fists.

The details of what transpired in the minutes between Zehaf-Bibeau entering the Centre Block and being shot down by Vickers are still under investigation and officials have released little information.

What we do know is that at some point, Vickers put down his sword and retrieved a 9-mm pistol from a safe in his office.

"(Vickers) would not normally be armed but his people would be. He is tied to his desk so he would have been right there in his office with access to his gun," said retired Col. Michel Drapeau, an expert on



Kevin Vickers, the sergeant-at-arms of the House of Commons, is shown in this still image taken from a CBC video in Parliament's Hall of Honour carrying a gun on Wednesday. Vickers is credited with helping shoot dead the lone gunman who went on a murderous rampage in Ottawa. CBC/THE CANADIAN PRESS

security, defence and military affairs.

Vickers then joined the tide of House of Commons security and RCMP officers in pursuit of Zehaf-Bibeau.

Vickers confronted his target outside the Library of Parliament. RCMP Commissioner

Bob Paulson said the two hid behind nearby pillars and exchanged gunfire until a shot from Vickers' sidearm killed Zehaf-Bibeau.

According to Vickers' family, the 29-year veteran of the RCMP had never fired his gun in the line of the duty.

"I'm extremely humbled to be a younger brother to an outstanding Canadian," Vickers' brother, John, told Metro by phone from Victoria Thursday.

Shortly after dispatching Zehaf-Bibeau, Vickers stopped by to check on Conservative

MPs locked down in their caucus room.

"I engaged the assailant; he is deceased," Vickers told them, according to one MP who was present.

WITH FILES FROM LUCY SCHOLEY, JEREMY NOLAI, OONA WOODS AND THE CANADIAN PRESS

House of Commons

Hero's welcome

Less than 24 hours after ending a lone gunman's murderous rampage inside Parliament, Sergeant-at-Arms Kevin Vickers returned to the House of Commons a hero.

Applause from all sides of the House rained down on a stoic Vickers as he carried the mace into the legislative chamber.

Vickers was largely expressionless, save for an occasional nod of acknowledgment. At one point, he appeared close to tears during the ovation, which lasted several minutes.

THE CANADIAN PRESS



Prime Minister Stephen Harper speaks with House of Commons Sergeant-at-Arms Kevin Vickers on Thursday.

ADRIAN WYLD/THE CANADIAN PRESS

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Muslim leaders react

'We must not allow these attacks to divide us': Letter

We don't know the motivation behind the shooting of honour guard Cpl. Nathan Cirillo at the National War Memorial, but Prime Minister Stephen Harper, speaking on Wednesday, linked the murder to a hit-and-run driver that killed Warrant

Officer Patrice Vincent in Quebec.

Harper said the latter was a terrorist inspired by ISIS, suggesting a connection between the two tragedies.

In response, Ottawa and Gatineau's Muslim leaders quickly released an open letter saying they were deeply saddened and grieved by the senseless loss of life.

"We must not allow these attacks to divide us," reads the letter. "We call



Sikander Hashemi, the imam of the Kanata Muslim Association and a representative of the Canadian Council of Imams, speaking at the National War Memorial after laying flowers on Thursday.

on all Canadians to join us in working to preserve the safety and freedoms upon

"I take great offence at this act. It is very, very unfortunate that individuals that have mental illnesses or have become radicalized or embrace extremism look to the Internet and misinterpret a very positive faith."

which this country was built."

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When she heard shots, lawyer Barbara Winters ran toward them, then performed CPR and comforted Cpl. Nathan Cirillo in the aftermath of the shooting at the War Memorial in Ottawa. STEVE RUSSELL/TORSTAR NEWS SERVICE

Woman recalls efforts to save dying soldier

'Everyone was so calm' Barbara Winters says passersby worked steadily despite the possibility of danger from another gunman

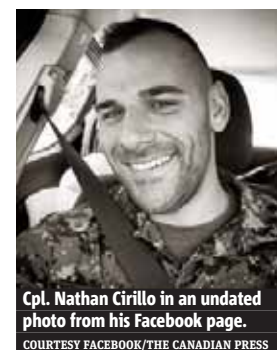
Lawyer Barbara Winters was headed to a meeting Wednesday near her office at the Canada Revenue Agency in Ottawa when she passed the National War Memorial, stopping to snap a few pictures of the two honour guards standing somberly at attention.

Moments later, she heard four shots. For Winters, a former member of the Canadian Forces Naval Reserve, the sounds were unmistakable.

Turning, she saw people ducking. She began to run — not towards safety, but towards the shots, and the wounded soldier lying at the foot of the memorial.

As she reached the memorial, Winters saw four people bending over a fallen soldier. She dropped her purse and briefcase on the steps and began to help.

Margaret Lerhe, a nurse on her way to work at the Elizabeth Bruyere Hospital, was pressing her hands to a wound on Cpl. Nathan Cirillo's left side to stanch the



Cpl. Nathan Cirillo in an undated photo from his Facebook page. COURTESY FACEBOOK/THE CANADIAN PRESS

bleeding. Another corporal, a third member of the honour guard who accompanies the two standing at attention, was on Cirillo's right side, pressing his hands to a wound there. Another soldier was bent over Cirillo's head, talking to him. Another passerby was at Cirillo's feet.

The group began calling for an ambulance, and for police. Winters talked to Cirillo. He was conscious; his eyes were open, and he was staring straight ahead. She felt that he could hear her.

The impromptu team kept waiting for an ambulance, desperately willing Cirillo to hang on. Sirens signalled the arrival of the paramedics.

But Cirillo died in the arms of the people working so hard to keep him alive.

THE CANADIAN PRESS

Zehaf Bibeau lived at shelter for over a week, residents say

Days before rampage. While residing at local shelter, alleged gunman voiced anger at no-fly-list status according to housemates



JOE LOFARO
Metro in Ottawa

Days before he allegedly shot and killed a Canadian soldier and stormed Parliament Hill with a rifle, Michael Zehaf Bibeau had been trying to leave the country, but was having trouble getting a Canadian passport, according to residents at the Ottawa Mission.

Several residents at the downtown shelter say Zehaf Bibeau had been living there at least a week and a half.

Lloyd Maxwell said he saw Zehaf Bibeau using a public pay phone inside the shelter ask-



Ottawa Police officers comb the area in front of the National War Memorial near Parliament Hill on Thursday, where Cpl. Nathan Cirillo, 24, was killed by a gunman in Ottawa on Wednesday. JUSTIN TANG/THE CANADIAN PRESS

ing if he could rent a car from Hertz with a credit card.

He described the 32-year-old as a "weird guy, but he was a likeable guy."

"He was just mad because he couldn't get his passport," recalled Maxwell. "He said, 'I don't know why I'm not getting my passport.'"

Zehaf Bibeau wanted to leave Sunday and needed the passport "to go back to his home country," according to Maxwell.

RCMP commissioner Bob Paulson revealed at a news conference in Ottawa Thursday the suspected gunman's mother, Susan Bibeau, told authorities

Wednesday her son wanted to travel to Syria.

Paulson also said the he arrived in Ottawa on Oct. 2 and his passport "was in the process of being denied." He said Zehaf Bibeau was not one of the 90 individuals being tracked by the RCMP in relation to national security concerns.

Mother and son

Zehaf Bibeau's mother, Susan Bibeau, released a statement on Thursday apologizing for her son's actions.

- **Estranged.** "I am mad at our son. I don't understand and part of me wants to hate him at this time," the statement said. "(He) was lost and did not fit in. I, his mother, spoke with him last week over lunch; I had not seen him for over five years before that. So I have very little insight to offer."



Michael Zehaf Bibeau is shown in a Twitter photo Tweeted by @ArmedResearch, purported to be from an Islamic State media account. HANDOUT/THE CANADIAN PRESS

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Prime Minister Stephen Harper hugs the leader of the Liberal Party of Canada Justin Trudeau in the House of Commons on Thursday in Ottawa. The House is back in action, kicked off by an exhilarating show of support for the sergeant-at-arms of the House of Commons, who was among those who opened fire Wednesday on the gunman who stormed Parliament Hill. SEAN KILPATRICK/THE CANADIAN PRESS

MPs recount Ottawa shooting

Harper took refuge in a closet or closet-like space, while MPs and senators lay on the ground or stood pressed against the walls.

THE CANADIAN PRESS

- Conservative and NDP MPs filed into their morning caucus rooms on opposite sides of the Hall of Honour around 9:30 a.m. to discuss the day's business.
- In the Conservative caucus room, the prime minister would have entered and taken his seat along the western wall.
- A half-hour later, the first gunshot rang out. However, all of the MPs who spoke to The Canadian Press agreed that they thought nothing of it.

- Moments later, there was a second exchange of gunfire. MPs described the sound as deafening.

- "My next thought was, well, if they're right

outside our door ... the next thing they'd do is that there'd be a dozen terrorists busting through the wooden door and spraying bullets everywhere," said Treasury Board President Tony Clement.

- Prime Minister Harper initially tried to leave the room along with other MPs out of a north-facing door but was persuaded to stay in the room instead.
- Harper hunkered down into what has been described as a closet or a closet-like space, according to multiple Conservatives. MPs and senators lay on the ground or stood pressed against the walls.

Makeshift weapons

Many MPs were reportedly seen brandishing flags and other parliamentary implements as makeshift weapons. Democratic Reform Minister Pierre Poilievre was said to wield a bronze flagpole for most of the day, even clutching it hours later when he and his colleagues were escorted from the building.



Pierre Poilievre THE CANADIAN PRESS



Ottawa Police officers comb the area in front of the National War Memorial near Parliament Hill on Thursday, in the area where Cpl. Nathan Cirillo, 24, was killed by a gunman the day before. The gunman opened fire at the National War Memorial, then moved to nearby Parliament Hill and wounded a security guard before he was shot by Parliament's sergeant-at-arms. JUSTIN TANG/THE CANADIAN PRESS

Common rifle used in Hill shooting

Winchester .30-30. Firearm, first seen in the 1890s, is popular in eastern Canada, salesman says

The gun Michael Zehab Bi-beau allegedly used to kill Cpl. Nathan Cirillo is a common hunting rifle.

The Winchester .30-30 lever action rifle, known as "Model 94" for its 1894 introduction, is sometimes called "The Gun that Won the West," according to the Winchester website.

Through the 1930s, '40s and '50s, it was a standard hunting rifle in North America — not terribly expensive, but well built and good for deer hunting, said Tony Bernardo, the executive director of the Canadian Shooting Sports Association. The group is a politically active organization which calls itself the voice of sports shooters and firearm enthusiasts in Canada, lobbying for the "right of responsible Canadians to have unrestricted lawful access to firearms."

Al Flaherty's Outdoor Store in Toronto doesn't carry the rifle, but a salesman noted you could find it at "any

outdoor store."

"We just don't get a lot of requests for them."

"It's probably more popular in eastern Canada where people are hunting in bush for deer ... it's not well-adapted for long-range shooting," said Stan Frost, an executive member with the Dominion of Canada Rifle Association.

To buy the rifle in Canada, you need a Possession and Acquisition Licence, which requires a person to pass the Canadian Firearm Safety Course and exam. The process also includes a comprehensive police background and personal reference checks, Bernardo says. **TORSTAR NEWS SERVICE**

Diplomacy

Trip to ease security concerns

Canadian officials are planning a diplomatic blitz to address security jitters following two attacks this week that have drawn extensive coverage from the U.S. media.

Ambassador Gary Doer and other embassy staff will make it a priority in the coming days to reach out to American decision-makers to emphasize Canada's commitment to security, a government source said Thursday.

Foreign Affairs Minister John Baird has already begun doing interviews with American media — and in one such appearance Thursday he pushed back when asked whether the Parliament Hill shooter had visited the U.S.

"A lot of Canadians visit the United States. I wouldn't think there's any link in that," Baird said in an interview with CNN's Christiane Amanpour. "I think (radicalization has) become a major problem for all Western countries, and Canada is not immune to that."

The Parliament Hill shooting has aroused concerns from some commentators who believe border security debates should focus on Canada, not Mexico.

THE CANADIAN PRESS

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When should citizenship be stripped?

Court challenge.

Proposed new law would add terrorism, espionage to list of reasons for revocation

A Federal Court judge is considering whether Parliament has the authority to pass a

law that could see a Canadian-born terrorist stripped of their citizenship.

Two Toronto lawyers argue that the Strengthening Canadian Citizenship Act, which could allow the government to revoke the citizenship of someone who holds dual citizenship, is unconstitutional.

Previously, a person could be stripped of Canadian

Quoted

"Well, we're going to say you're no longer a citizen..."

Paul Slansky, lawyer

citizenship for attaining it through false representations. But the new law expands

the list of those vulnerable to revocation to include people born in Canada but eligible to claim citizenship in another country — for instance, through their parents.

It also broadens the grounds for revocation to include espionage, treason or terrorism.

After a day of arguments in court Thursday, Federal

Court Judge Donald Rennie reserved his decision.

The challenge was launched by lawyers Paul Slansky, who represented the Constitutional Rights Centre, and Rocco Galati.

They argue that Parliament did not have the authority to legislate on the issue based on language about citizenship in the constitution.

"If the court says they have authority to do this, what's to stop them from next week, next month, next year, from saying, 'Well, we're going to say you're no longer a citizen if you're convicted of any offence, or convicted of serious violent offences, or if you don't vote for the Conservative party?'" Slansky said outside court. **THE CANADIAN PRESS**

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Babies' remains

Accused makes court appearance

A woman accused of concealing the bodies of six babies in a storage locker in Winnipeg has made her first appearance in court, where her lawyer asked that the autopsies be monitored.

Andrea Giesbrecht, 40, appeared from jail via video link Thursday and did not speak at the hearing. A bail hearing was scheduled for Nov. 12.

THE CANADIAN PRESS

Man arrested

Firearm found on Halifax bus

Police arrested a 25-year-old man without incident in Halifax and recovered a firearm on a public bus Thursday, hours after receiving a report of someone walking along a downtown street with what appeared to be a rifle wrapped in black fabric.

Police said there were no threats made to anyone and no shots fired.

THE CANADIAN PRESS



Bringing happiness to B.C.

Tibetan spiritual leader the Dalai Lama speaks on empowerment and compassion as a path to happiness at the University of British Columbia in Vancouver Thursday. Proceeds from the event will help resettle 1,000 displaced Tibetans in Canada. **DARRYL DYCK/THE CANADIAN PRESS**



PM Stephen Harper answers a question during Question Period in the House of Commons on Thursday on Parliament Hill. ADRIAN WYLD/THE CANADIAN PRESS

Nunavut's justice system needs reform: Inuit group

Nunavut's "cradle-to-prison" justice system must be reformed to reflect the high number of people in the territory who have been victims of physical and sexual violence, an Inuit land claim group said Thursday.

"There are few safety nets in place to catch people who are experiencing adversity," said a report from Nunavut Tunngavik Inc.

"Nunavut's criminal justice system is often the first stop

in a cradle-to-prison pipeline in which people struggling with trauma, mental health disorders or prenatal alcohol exposure are most vulnerable to incarceration."

The report released during the group's annual meeting in Cambridge Bay, Nunavut, is the latest in a series of papers required by the Nunavut land claim on the state of Inuit culture and society. The 2013-2014 report focuses on the territory's criminal justice system.

Statistics on the level of violence in Nunavut are well-known. Between 1999 and 2012, an index that tracks the occurrence and severity of violent crime dropped by 18 per cent in Canada as a whole. In Nunavut, that index increased by 50 per cent.

Low- and medium-level assault charges in Nunavut were 12 times the national rate in 2012. The rate of low-level sex assaults was eight times higher.

The homicide rate is the

highest in the nation.

Thursday's study puts those figures in the context of what is, for many Inuit, a lifelong cycle of violence that begins in childhood.

Almost one-third of all Inuit report experiencing "severe physical abuse" as children — 31 per cent for both boys and girls. More than four out of 10 — 52 per cent of girls and 22 per cent of boys — say they were sexually abused.

THE CANADIAN PRESS

Conservatives introduce new omnibus budget bill

Tax break for beekeepers and more.
458-page bill includes measures with little connection to budget

Unrelated items

The bill includes measures with little connection to the budget.

- One bans broadcasters and cable and satellite providers from charging customers for paper bills.
- The omnibus bill also enacts the government's promised EI tax break for small businesses.

The Conservative government has introduced another mammoth omnibus budget bill that includes a grab-bag of measures, ranging from tax breaks for beekeepers to provisions banning cable companies from charging for paper bills.

Much of the 458-page bill involves the complicated implementation of tax changes and other budget measures, including revisions to the Investment Canada Act.

There are some tax breaks for families and students.

However, one section broadens the scope of the national DNA bank. Another tightens the rules around the temporary foreign workers system. Still another establishes a long-promised Arctic research station.

One measure increases the maximum amount that may be

claimed under the child fitness tax credit and makes that credit refundable starting in 2015. Another extends the existing tax credit for interest paid on student loans to interest paid on a Canada Apprentice Loan.

The bill also makes changes to the Investment Canada Act, which governs foreign takeovers of Canadian companies.

There is a section expanding the DNA data bank. It will now include DNA profiles from missing persons, their relatives and from human remains.

THE CANADIAN PRESS

Regina

A happy ending to a serpentine story

Most of the 102 plains garter snakes found in a house northwest of Regina now have a new home — and this time it's not in a family's basement.

The Salthaven West Wildlife Rehabilitation and Education Centre shelter removed the non-poisonous reptiles

from the rural property over the Thanksgiving weekend. On the evening of Oct. 22, 98 snakes were released into the wild at the Condie Nature Refuge.

"They quickly slithered away into the tall grass and all disappeared," says Megan Lawrence, an executive director at Salthaven, adding that the snakes had occupied cracks in the building to find a warm place for the winter.

JACOB MORGAN/METRO IN REGINA

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Pistorius told he can't compete during five-year prison sentence

End of runner's career?

Powers that be agree that 'Blade Runner' should be banned for entire prison term, even if released early

Oscar Pistorius' agent is seeking a prison meeting with the double-amputee athlete in the next few days to discuss his career, with South Africa's Olympic committee saying Thursday the runner can't compete for the full five years of his incarceration.

The decision of the South African Olympic body matches that of the International Paralympic Committee, which said Pistorius cannot run in its events for five years while serving his sentence for killing girlfriend Reeva Steenkamp — even if he is released early to go under house ar-



South Africa's Olympic committee have told Pistorius he cannot compete for the five years of his sentence for killing girlfriend Reeva Steenkamp AP PHOTO

rest. Agent Peet van Zyl said that lawyers will meet with Pistorius in prison on Friday. After that it will become clear when Van Zyl and Pistorius' longtime track coach, Ampie

Louw, can talk to him about his running future, he said.

Van Zyl said no discussions have been held over the Olympic and multiple Paralympic champion's track career

because Pistorius was taken straight to prison following his sentencing on Tuesday.

Pistorius, once a globally admired sportsman, was convicted of culpable homicide,

or negligent killing, for shooting Steenkamp through a toilet door in his home last year. He was acquitted of murder.

Pistorius' five-year sentence allows for him to be re-

leased from prison after completing one-sixth of his term — 10 months — to serve the remainder under correctional supervision, which involves house arrest.

South African Olympic committee chief executive Tubby Reddy said that Pistorius could not compete for the full duration of that sentence under the body's rules. The IPC said the same this week.

The International Olympic Committee and the IAAF, which controls able-bodied athletics events, have declined to comment on Pistorius' case. South Africa's sports minister said in a newspaper interview that he believed Pistorius' track career was over.

Fikile Mbalula told the Cape Argus newspaper. "I hear people saying that Pistorius will come back. To me that (the sentencing) was the end of the road."

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A treetop eclipse

Silhouetted against the sun these tree branches make for a stunning scene during a partial solar eclipse as seen from Paynes Prairie in Florida on Thursday. **MATT STAMEY/THE GAINESVILLE SUN/THE ASSOCIATED PRESS**

Burrito restaurant

Protesters call for Illegal Pete's to change name

Some people are urging the Colorado burrito chain Illegal Pete's to change its name because of the way the word "illegal" has been used to describe immigrants.

The Coloradan reports that about 30 people gathered in Fort Collins Wednesday to ask owner Pete Turner to change the name of the chain, which is about to open an outlet there. It's part of a bigger campaign nationally against what critics refer to as the "I-word."

They think using the word to describe a person is

dehumanizing.

Turner says the name is a reference to novel he read in college and refers only to him.

Those at the meeting likened the name to a racial slur used against African-Americans or hanging a Confederate flag in the restaurant's window.

THE ASSOCIATED PRESS

Grieving mom sends son's ashes to space

And around the world.

Hallie Twomey wanted her boy C.J. to visit all the places he wasn't able to prior to his suicide

A Maine mother who's using social media to have her son's ashes scattered all over the world has sent him on his greatest journey yet: to space.

Using her Facebook page, which has more than 17,000 likes, Hallie Twomey has mailed hundreds of packets of her son C.J.'s ashes to strangers worldwide so they can be scattered at the many places he wasn't able to see before he died more than four years ago.

On Thursday, a rocket con-



C.J. Twomey **FACEBOOK**



Up, up and away: Hallie Twomey said sending her son's ashes to space represented the perfect sendoff. **FACEBOOK**

taining a vial of his ashes was launched into space from the desert in New Mexico. The rocket spent a few minutes in space before landing in the nearby White Sands Missile Range.

Twomey called it the perfect send-off for her adrenaline-loving son, who was 20 years old when he shot himself after getting into an argument with his parents.

His ashes have been scattered in nearly all 50 states and in dozens of places over-

seas, including Saudi Arabia, Thailand and Denmark.

Twomey, who lives with her husband and 21-year-old son in Auburn, Maine, said that while she hasn't been able to get over her guilt, she has been touched by the kindness of strangers over the last year. "I have never experienced such a collective sort of hug," she said.

Twomey's ashes and those of about three dozen others' were on the rocket.

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118,975 km • Leather • Sunroof • Bluetooth
\$23,999 or \$211/bw



2011 GMC Sierra 1500 SLE AEC094A
38,274 km • Keyless Entry • Alloys • Sat. Radio
\$28,999 or \$196/bw



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55,096 km • Leather • Sunroof • Bluetooth
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Bleu, a French bulldog, watches DogTV in her San Diego apartment. THE ASSOCIATED PRESS FILE

TV has gone to the dogs on the canine channel

Television. Programs geared to four-legged viewers designed to entertain and exercise housebound pooches

Never before has television strayed so far off its leash. Audiences are in the middle of a digital revolution, with broadcasters and regulators scrambling to keep up with on-demand options, as well as border-busting services such as Netflix, Amazon and Hulu.

One company has taken a unique approach: Why not aim past man to man's best friend?

DogTV is billed as the world's first and only TV channel for dogs. Sure, people can watch, too, but

this channel's target demographic isn't adults 18-49, or females 12-34. DogTV is after the K-9 four-legged fans.

CEO Gilad Neumann was happy to pitch the idea to buyers and reporters at the recent MIPCOM international television marketplace in Cannes, France.

It's already available in the U.S. through DirecTV and is live-streamed 24/7, handy if your lap dog has a laptop.

It will be expanding into Germany, the U.K., Ireland and France, and is also available in South Korea, Japan and Israel. Canada is still on the fence, although some Canuck buyers did stop by the booth to give it a sniff.

Neumann admits his channel is aimed at a niche market. But he says dogs live in 30 to 50 per cent of homes across Europe and North

America. Many are housebound during the day and are often bored; others suffer separation anxiety away from their owners.

The company has done its homework, and says its programming is scientifically tested to draw dogs to the screen — not just to be pooch potatoes, but to be active and even exercise.

The images had been tweaked, with the backgrounds muted and monochromatic and the dogs a bright orange hue. Everything is geared to a dog's sense of vision and hearing.

Some of the programming is aimed at dog owners, including segments on nutrition and health. Neumann acknowledges advertisers are anxious to speak more to owners than animals.

THE CANADIAN PRESS

Navajo Nation

Language law blocks candidate

The top court on America's largest Native American reservation ordered tribal election officials to postpone the Navajo Nation's presidential election and reprint ballots without the name of a disqualified candidate. Chris Deschene refused to show whether he could speak Navajo fluently, as tribal law requires.

THE ASSOCIATED PRESS

Americans in Rome

Dancing priests' video goes viral

A video of duelling, dancing American priests studying in Rome has gone viral. Rev. David Rider warmed up the crowd with a lively tap-dance routine, only to be pushed aside by Rev. John Gibson's fast-footed Irish dance. Soon they were battling it out for the crowd's approval.

THE ASSOCIATED PRESS

Shot dead in NYC

Hatchet-wielding man attacks cops

New York City police shot and killed a hatchet-wielding man on Thursday after he attacked a group of patrol officers in broad daylight on a busy commercial district in Queens. Investigators are still trying to identify the assailant and determine a motive.

THE ASSOCIATED PRESS

Ebola crisis. Americans slam official response

Americans have at least some confidence that the U.S. health care system will prevent Ebola from spreading in their country but generally disapprove of the way President Barack Obama and the Centers for Disease Control and Prevention have handled the crisis so far.

Most disapprove of Obama's handling of the Ebola outbreak, according to an Associated Press-GfK Poll. Just 1 in 5 approve of the CDC's work on Ebola so far, and only 3 in 10 say they trust that public health officials are sharing complete and accurate information about the virus. And only 18 per cent

have deep confidence that local hospitals could safely treat a patient with Ebola.

Americans also say the U.S. should be doing more to stop Ebola in West Africa. Health authorities have been clear: Until that epidemic ends, travellers could unknowingly carry the virus anywhere.

"It seems to me we have a crisis of two things," said Dr. Joseph McCormick, an Ebola expert at the University of Texas. "We have a crisis of science — and either people don't understand it or ... they don't believe it — and, we have a crisis in confidence in government."

THE ASSOCIATED PRESS

Guantanamo. Prisoners request male guards only

Some prisoners in the Guantanamo Bay detention centre have launched a protest against what they consider the religiously offensive use of female guards to move them around the U.S. base in Cuba, lawyers say.

The men are devout Muslims and their religious be-

liefs include a prohibition against physical contact with women who aren't related.

Lawyers for Khalid Sheikh Mohammed, who is charged with orchestrating the 9/11 terrorist attack, and other prisoners have asked the military to use only male guards.

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Guantanamo Bay detention centre. MLADEN ANTONOV/AFP/GETTY IMAGES

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In this Oct. 8 file photo, Bellevue Hospital nurse Belkys Fortune, left, and Teresa Celia, Associate Director of Infection Prevention and Control, pose in protective suits in an isolation room, in the Emergency Room of the hospital, during a demonstration of procedures for possible Ebola patients in New York. RICHARD DREW/THE ASSOCIATED PRESS FILE

Doctor in NYC tests positive for Ebola

New York City. Preliminary tests show physician, recently in Guinea, has virus

A Doctors Without Borders physician who recently returned to New York after treating Ebola patients in West Africa has tested positive for the virus, according to preliminary test results Thursday night.

He's the fourth confirmed case in the U.S. and the first in the city.

City officials say a further test by the Centers for Disease Control and Prevention will confirm the initial test.

A law enforcement official and a city official received notification of the preliminary test results and told The Associated Press on the condition of anonymity.

Craig Spencer, a 33-year-old emergency room doctor, returned from Guinea more than a week ago and reported Thursday coming down with a 103 F (39.4 C) fever and diarrhea.

He was rushed to Manhattan's Bellevue Hospital,

a designated Ebola centre, and was being treated in a specially built isolation ward.

The Centers for Disease Control and Prevention has dispatched an Ebola response team to New York, and the city's disease detectives have been tracing the doctor's contacts to identify anyone who may be at risk.

City officials say the doctor acknowledged riding the subway and taking a cab to a Brooklyn bowling alley in the past week before he started showing symptoms.

THE ASSOCIATED PRESS

Cream, sugar, dictator? Chain sorry for Hitler, Mussolini coffee creams

A leading Swiss supermarket chain is apologizing for what it calls an "unforgivable blunder": distributing mini-containers of coffee cream bearing portraits of Adolf Hitler and Benito Mussolini.

Migros, which also sells electronics and household goods, says it is immediately withdrawing boxes containing hundreds of the coffee cream containers and is breaking all ties with Karo-Versand, the small Swiss company that designed the collectible series of 55 different motifs — including likenesses of the German and Italian fascist dictators.

In a statement Wednesday, Migros described the incident as an internal failure.

THE ASSOCIATED PRESS

Market Minute

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TSX
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CALGARY DEALERSHIP CLEARING OUT ALL USED INVENTORY UP TO 50% OFF!

Carl Holst, Sales Manager of Stampede Toyota, just announced plans to hold a vehicle fall clear out taking Place Saturday October 25th 2014. According to Mr. Holst increased sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a higher than expected rate", Holst said. "Now, we must reduce the number of cars and trucks on our used lot to a more manageable number. During this vehicle fall clear-out sale every used car and truck will be sold from 10% up to 50% off its original asking price." Mr. Holst said. "In fact, cars that normally sell for five to eight thousand dollars will be sold for three to five thousand," Mr. Holst said. "Our customers will find these prices even lower than at wholesale auctions."

Auction bidding often inflates the true value of a car so you pay more. Here every car is on sale, first

come first served and no bidding. It's the perfect opportunity to get a good quality new or used car at the lowest price in the city. All cars will be on display at Stampede Toyota on Barlow Trail, 2 blocks north of the Trans Canada Highway. This sale is one day only, doors

One of Calgary's largest import dealers is overstocked and is forced to sell used cars and trucks for as low as 50% OFF, Saturday October 25th, 2014, during a one-day sale event.

open at 8:30am. Prices are posted on the windshield you will be given the opportunity to purchase the vehicle at these amazingly reduced sale prices. This innovative approach to selling used vehicles will make it easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle.

"Wholesale buyers will be represented to take trade-ins during the sale," Mr. Holst said. "We also have three business managers who will help buyers arrange low-cost financing. We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 600 new and used cars and trucks to choose from. We want to remind everyone that this is a one-day sale only. When our inventory has been reduced, we will remove the sale prices and return to normal operations. Since we are a local business we would like to give back to the community," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than wholesale them at an auction." All cars will be clearly marked with discounts from 10% up to 50% for the entire day. Due to the volume of sales during this event, please no telephone inquiries.

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COPING WITH RAW EMOTION IN OTTAWA



GUEST COLUMN
Tim Harper
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The strains of O Canada started faintly, but built gradually.

It was sung by cabinet ministers, MPs from all parties, public servants on their way to work, a bicycle courier and university students.

We all sang, but this was a plaintive rendering of the anthem. Spontaneous, yes, but delivered more in grief than defiance, behind police barriers, under a suitably leaden sky, in front of the crime scene known as the National War Memorial.

This city is not yet OttawaStrong, despite the best effort of hashtags on social media.

It'll get there, but not the day after. Not so soon.

Not while so many wept for Hamilton Cpl. Nathan Cirillo on Thursday as the mountain of flowers in his honour grew.

Not when so many were still living the trauma of the day before, not when military members were under orders to limit public appearances in uniform, not with much of the downtown behind those barriers, not with the public barred from Parliament Hill, not when the security presence for Prime Minister Stephen Harper and his wife Laureen, who arrived to place a wreath, was of a magnitude never before seen in the capital, not when guns were drawn on a hapless wanderer who got too close to the ceremony.

"I can still hear the gunshots," Treasury Board President Tony Clement said as he left the Commons the morning after.

"We're in a state of real confusion about what happens next," said David Scott, an Ot-



Members of Parliament sing O Canada during a vigil near the National War Memorial a day after a soldier was shot and killed at the sight before a gun battle in Parliament's Centre Block killed the shooter. TORSTAR NEWS SERVICE

tawa lawyer, who brought flowers to the memorial.

Yes, the House of Commons showed resilience and sent the proper signal by returning to work at the normal hour Thursday.

There was an emotional and lengthy tribute to the Sergeant-at-Arms Kevin Vickers, who worked hard to maintain his composure as the applause washed over the chamber.

Moments earlier, he had proudly marched the ceremonial golden mace, a symbol of the authority of our seat of democracy, down the Hall of

Honour. Twenty-four hours before that, he was engaged in a gun battle with Michael Zehaf Bibeau in the same hall.

Vickers had crouched behind a pillar trading fire with the 32-year-old invader until the killer exposed himself in a bid for a better angle for a clear shot at Vickers and was gunned down himself.

Vickers marched past the opposition caucus room where a bullet had pierced the door on his left, finally stopped by a second door meant to soundproof the room. To his right was a bullet hole outside the

government caucus room.

The show of non-partisanship was impressive and needed, with Harper, Opposition Leader Tom Mulcair and Liberal Leader Justin Trudeau trading hugs and each offering an embrace for Vickers, who sat near the door like this was another day at the office. It was an important symbol that he took his normal post, even if the day was highly abnormal.

Conversations with MPs on the way in and out of the Commons pivoted on where they were, how they escaped and, mostly, the question that dom-

inated the day — "what if?"

"If I had come out one minute earlier..." said Marc-André Viau, a communications officer with the New Democrats, his voice trailing. If he had, he would have been face-to-face with the killer as the gunman entered the building.

Global News cameraman Rob Kazemzadeh did come face-to-face with him and he stood silently at the top of the stairs at the Rotunda the morning after, staring at the Centre Block door, trying to understand the fates that spared him

when Zehaf Bibeau pushed open the door and yelled "hey" at a security guard, clearly brandishing his Winchester .30-30.

And the "what if" that everyone has been talking about for two days — what if Zehaf Bibeau knew where he was going, knew that a quick left halfway on his brief odyssey would have taken him into the government caucus room where Harper was speaking when the first shots were heard, what if he had timed his arrival about 90 minutes later when that hallway would have been full of cabinet ministers, government and opposition MPs, political staffers and journalists milling about.

It was all too fresh for defiance.

Some of these people were back in the building they had left less than 12 hours earlier, following a day when they had feared for their lives.

Defiance will come but so, too, will the questions.

It took 83 seconds for Zehaf Bibeau to get from his vehicle parked on Wellington Street — after he killed Cirillo in cold blood — to the Centre Block.

By then, officers were in pursuit, and it is clear that security, a huge posse led by Vickers, did their job once he got inside, limiting what could have been a bloodbath.

But 83 seconds is a worrisome chunk of time for a man carrying a rifle to continue unimpeded on a busy morning on Parliament Hill.

Canadians deserve an answer as to how a man with a rifle sprinted onto the grounds of Parliament, hijacked a ministerial vehicle, drove it up to the Centre Block and burst into the building with no one stopping him.

Defiance will come to this city. Answers, and remedies, must follow in rapid succession.

Surveillance in Canada. Journalist who exposed Snowden leaks predicts crackdown

Canadians should expect sweeping security and surveillance measures following attacks against the military in Quebec and Ottawa, says the man who helped expose wide-ranging government monitoring of citizens in the United States.

"I will be shocked if the events of this week don't result in far greater secrecy powers and far greater surveillance

powers than existed previously," Glenn Greenwald told The Canadian Press on Thursday.

"I've seen it so many times where the fear and nationalism that get generated by these events render almost inevitable not just the enactment of legislation that was already pending but I'll bet new and wholly more extreme measures as well."

Greenwald, a journalist and



Glenn Greenwald THE CANADIAN PRESS

author, chronicled Edward Snowden's revelations of extensive National Security Agency

surveillance programs last year.

Shortly after Greenwald's comments, Prime Minister Stephen Harper told the Commons the "surveillance, detention and arrest" powers of the Canadian Security Intelligence Service will quickly be toughened.

"They need to be much strengthened, and I assure you, Mr. Speaker, that work — which is already underway —

will be expedited," he said.

Greenwald was in Montreal to deliver a lecture at McGill University as part of a swing through several Canadian cities.

While working at the Guardian newspaper in Britain, Greenwald put the spotlight on a treasure trove of data from top-secret documents leaked by Snowden, a former National Security Agency contractor and

whistleblower.

Greenwald has since become co-editor of The Intercept, which looks at security issues.

He said Canada should not be underestimated when it comes to intelligence gathering, noting it is part of the so-called "Five Eyes" alliance of countries that includes the United States, the United Kingdom, Australia and New Zealand. THE CANADIAN PRESS

A terrifying waste of time

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Ouija, starring Olivia Cooke, opens today. CONTRIBUTED

Synopsis

The trouble in Ouija begins when Debbie (Shelley Hennig) breaks the first rule of witch boarding: Never play alone. She pays a heavy price for her spiritual disobedience and soon her group of good-looking friends is gathered at her funeral. "She said she'd see us the next day," says BFF Laine (Olivia Cooke). "Why would she say that?" We'll never know ... unless Laine pulls out the Ouija board! Using Debbie's board, Laine and pals try and contact their dearly departed's spirit, but instead unleash a demonic terror that threatens all of their lives.

- Richard: ●●●●●
- Mark: ●●●●●

Movies. The acting and storytelling in this lame fright fest are more cardboard than Ouija board

Richard: Mark, Ouija is scary, but not scary like Dracula, Edgar Allen Poe or hungry zombies. No, I thought Ouija was scary because as I watched it I could feel my life slipping away, second-by-second, for 90 excruciating minutes.

As scary as you would imagine a horror film inspired by a board game to be, it's a mishmash of demonology,

Japanese horror and so many slasher movie tropes the producers owe John Carpenter and Wes Craven a writing credit.

The blonde girl dies first, there's spooky stuff in the attic and the plucky heroine outlives almost everyone. At least there's very little found footage.

Which way does your planchette point on this movie? Yes or no?

Mark: My planchette points straight down on this one, Richard.

The Ouija board itself is a dumb device, as laughable as tea leaves or numerology.

Then the rest of the movie makes up its own rules as it

goes along, with little regard for storytelling or even visual style.

The movie, which seems to be pitched at teenage girls who would text photos of jeans while watching it, feels like an after-school special viewed on a fourth rerun. But it did make me think. I thought about tax planning, tort reform, Japanese vintage eyewear, and what I ate for lunch on May 7, 1978.

Then, blissfully, the movie ended, and I was free.

RC: The movie is five per cent jump scares, those unexpected loud noises that make you twitch in your seat, 67 per cent set-up and 28 per cent strange glances.

As Laine, Debbie's intrepid best friend, Olivia Cooke does most of the heavy lifting.

She keeps the action (such that it is) moving forward all the while displaying her mastery of the concerned look. With a furrowed brow and a determined attitude she tracks down the mystery behind her friend's death, but mostly she just looks concerned.

MB: About her career, after this turkey. The acting is so bland in this film that you're quite happy when the cast members meet their gruesome fates.

The pretty, watchable blonde is dispatched in the

first few minutes, and you breathe a short sigh of relief when the great character actor Lin Shaye shows up for a few scenes before cashing her paycheque.

RC: Most annoying is the movie's habit of telling the audience the most obvious of details.

"She played it alone," whispers Laine in amazement over a shot of, you guessed it, Debbie going solo on the Ouija board.

Instead of telling us something useful, or interesting, the film makes sure that no detail, no matter how small, is commented on.

MB: Ouija? Bored.

2 SCENE

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When your dirty secrets come out

Writer interview. Joe Hill wanted more than a story about the devil — he wanted to ask big questions about life

RICHARD CROUSE
scene@metronews.ca

"The book is a really unhappy, paranoid novel by a really unhappy, paranoid man," says author Joe Hill of his thriller *Horns*, now a movie starring Daniel Radcliffe as a man who grows devil horns after he's accused of murdering his girlfriend.

"I wasn't in a great place mentally when I wrote it, (but) I'm very proud of *Horns*. I think it's a really fun novel.

"I had tremendous success with *Heart Shaped Box* and I fell into that cliché, the second novel trap. I wrote 400 pages of a novel I threw away. It was called

The Surrealist Glass and it didn't work. It was no good. Although in some ways the *Surrealist Glass* was the first draft of *Horns* because there were ideas and elements and even one or two chapters that were almost lifted wholesale and slotted into *Horns*."

The book finally came into focus when Hill, the son of none other than Stephen King, remembered a line he once read in a review of a sci-fi movie: "This movie doesn't quite succeed because it isn't about anything except itself."

"The science-fiction film (that the critic) was talking about was a prequel to a well-known franchise about trade federations and robots blowing each other up," says Hill, the eldest son of horror legend Stephen King, "and it wasn't about anything except lasers, guns and robots. It didn't ask any of the great, almost unanswerable questions that people turn to fiction to explore."



Joe Hill GETTY IMAGES

"The one thing I always look for in a story is for it to have some sort of internal life.

"To be about something more than just a ghost or a vampire or a devil; to ask some kind of interesting question so it is about something bigger than itself. That's very possible to do in fantasy.

"I think any story about the devil is the same way. What happens when all the dirty secrets come out? What would it be like to be tempted by the things you fear most?"

The resulting book earned critical praise — Publisher's Weekly called it a "compulsively readable supernatural thriller" — and snagged him a Bram Stoker Award nomination for best novel. "Now when he's asked what he thinks of Alexandre Aja's film adaptation of his "unhappy, paranoid novel" he is effusive. "I think the film is wonderful," he says.

"It has a lot of cross-genre elements. It's funny. It has romance. It has a tragic aspect. It has a horror movie aspect to it.

"Someone asked me when I was in Toronto for the premiere, 'What genre is it?', and I said, 'It's a tragicomehorredy.' I have no idea what the rest of the world will make of it, but I think it's a lot of fun."



Daniel Radcliffe stars in *Horns*, which opens next Friday. CONTRIBUTED

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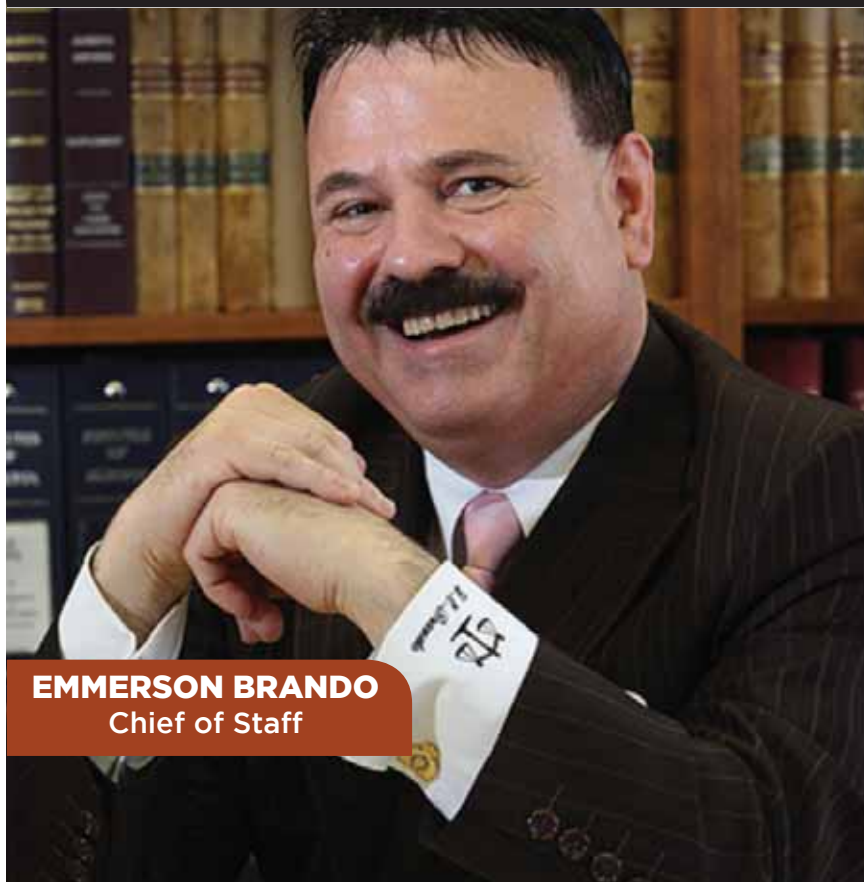
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The Soska sisters are carving a bloody path in an industry typically ruled by men. CONTRIBUTED

Double, double toil and trouble

Filmmaker interview.
See *No Evil 2* is just the latest offering from the twisted minds of Vancouver's Soska twins

**CHRIS
ALEXANDER**
scene@metronews.ca

In just a few short years, ravishingly beautiful twin sisters Jen and Sylvia Soska have become a Canadian cinematic institution simply by making people sick. See, the Soksas — or the “Twisted Twins” as they’ve branded themselves — make horror films and violent, joyously perverse ones at that.

In doing so, they have become icons not only of scrappy, indie splatter, but also of female empowerment in a genre not known for giving ladies a break.

The Vancouver-born and based siblings got their start with their homegrown 2009 thriller *Dead Hooker in a Trunk*, a rough-around-the-edges flick that they wrote, directed and even starred in. Such was their navigation of self-promotion, social networking and fan outreach that the Soksas have become darlings of the counter-culture, which in turned paved the way for

their breakthrough feature, 2012's lurid and sophisticated sex-and-surgery shocker *American Mary*.

That picture caught the attention of no less than the wrestling powerhouse WWE, who signed the sisters on to helm *See No Evil 2* (out now on DVD and Blu-ray from Lionsgate) the belated follow-up to their ultra-violent 2007 slasher *See No Evil*. To take on a bloody, big-budget sequel in the wake of their audaciously original efforts confused some. But there was a method to their madness.

“After *American Mary*, no matter what meeting we were in, what script we were pitching, they all wanted us to rehash that same idea,” says Sylvia.

“It was starting to get depressing. The film was such a success that people started to decide that this was the only thing we were capable of doing. But we wanted to do something different.”

See No Evil 2 stars the mighty WWE superstar wrestler Kane as the malevolent, monstrous serial killer Jacob Goodnight, who once more treats a gaggle of pretty young people (including *American Mary* star Katherine Isabelle) as slaughter fodder. But this is no ordinary, assembly-line horror sequel; it's ripe with stylistic “auteur” flourishes that fans are dubbing “Soska-esque.”

“That’s a huge honour,” Jen beams.

“We are inspired by directors that have a unique style and words like ‘Kubrick-ian’ or ‘Cronenberg-esque’ excite us. It’s really cool that people are able to see our films and see our style and voice in them. We only make films that we love and are emotionally invested in.”

On the Cronenberg tip, it is a fact that Canada seems to house some of horror’s most fevered minds. From celebrated novelists like Michael Slade (*Headhunter*) to iconic zombie-master George A. Romero (who defected to Toronto from Pittsburgh back in 2005) to gory special FX artists like Paul Jones (*Resident Evil*), the genre’s pulse pounds strongly up here. And yet culturally, we rarely embrace our darker side.

“Being Canadian means a lot to us,” says Sylvia.

“But there has been such a struggle with our national cinematic identity and I want to see our country give new artists like Jovanka Vuckovic, Jeremy Gardner and (horror-film collective) Astron-6 a pile of money to really show off what we’re capable of. There is something very unique about Canadians.

“Our humour is weird, we push boundaries; we are an interesting people and I would love to see that shared more with the rest of the world.”



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Canyon Meadows Bay 110 13226 Macleod Trail

Dawn of the Planet of the Apes (PG)
Fri-Thu 1:35-7:45
Dolphin Tale 2 (G) Fri-Thu 12:55-3:45-6:45
The Expendables 3 (PG) Fri-Thu 9:45
The Giver (PG) Fri-Thu 12:50-3:55-7:25-9:50
Hercules (14A) Fri-Thu 4:20-7:15
How to Train Your Dragon 2 (PG) Fri-Thu 1:25-4:15-7:20
If I Stay (PG) Fri-Thu 1:10-9:40
Lucy (14A) Fri-Thu 1:30-4:25-6:50-10:15
Maleficent (STC) Fri-Thu 1:15-4:10-7:30
A Most Wanted Man (14A) Fri-Thu 9:50
Planes: Fire & Rescue (G) Fri-Thu 1:10-4:05
The Shining (14A) Fri-Thu 9:30
Teenage Mutant Ninja Turtles (PG) Fri-Thu 1:05-3:40-6:55-9:30
This Is Where I Leave You (14A) Fri-Thu 1:20-4:7:05-9:35
A Walk Among the Tombstones (18A) Fri-Thu 7:10-9:55

Crowfoot Crossing 91 Crowfoot Terrace

Alexander and the Terrible, Horrible, No Good, Very Bad Day (G) Fri-Sun 12:20-5:05-7:15-9:25 Mon-Thu 2:10-4:15-6:45-9
Annabelle (14A) Fri-Sun 5:20-7:50-10:30 Mon-Tue 4:30-7:30-9:55 Wed 4:30-10:15 Thu 4:30-7:30-9:55
The Best of Me (PG) Fri-Sun 1:35-4:25-7:20-10:10 Mon-Tue 1:35-4:35-7:20-10:05 Wed 4:35-7:20-10:05 Thu



Fury. CONTRIBUTED

1:35-4:35-7:20-10:05 Star & Strollers
Screening Wed 1:30
Bolshoi Ballet: The Legend of Love (STC) Sun 12:55
The Book of Life (G) Fri-Sun 12:20 Mon-Thu 1:50

The Book of Life 3D (G) Fri-Sun 2:40-5:7:30-9:55 Mon-Thu 4:30-6:50-9:30
The Boxtrolls (PG) Fri-Sun 12:30-2:50 Mon-Thu 2:05
Breakup Buddies (14A) Fri-Sun 12:10-3:7:10-9:50 Mon-Thu 1:30-4:10-7:15-10

Despicable Me 2 (G) Sat 11
Dracula Untold (14A) Fri-Sun 12:25-2:55-5:25-8-10:25 Mon-Thu 2:50-5:40-8-10:30
Fury (14A) Fri-Sun 12:55-4-7-10:05 Mon-Thu 1:25-4:25-7:25-10:25

Gone Girl (18A) Fri-Sun 12:05-3:20-6:40-10 Mon-Thu 3:35-6:55-10:10
John Wick (14A) Fri-Sun 12:15-2:45-5:15-7:45-10:15 Mon-Tue 2:45-5:15-7:45-10:15 Wed 5:15-7:45-10:15 Thu 2:45-5:15-7:45-10:15 Star & Strollers

Screening Wed 1:30
The Judge (14A) Fri-Sat 12:35-3:45-6:55-10:05 Sun 6:55-10:05 Mon-Thu 3:25-7-10:10
The Maze Runner (PG) Fri 1:25-4:20-7:05-9:45 Sat 4:20-7:05-9:45 Sun 1:25-4:20-7:05-9:45 Mon 1:40-4:20-9:50 Tue-Wed 1:40-4:20-7:10-9:50 Thu 1:40-4:20-10:15
National Theatre Live: Skylight - Encore (STC) Sat 12:55
Nightcrawler (14A) Mon 7
Ouija (14A) No Passes Fri-Sun 12:50-3:15-5:35-7:55-10:20 No Passes Mon-Thu 3:15-5:35-7:55-10:20
The Wolf Man / The Mummy Double Feature (STC) Wed-Thu 7

Eau Claire Market, 200 Barlay Parade

Fury (14A) Fri 6:20-9:30 Sat-Sun 12:20-3:20-6:20-9:30 Mon-Thu 6-9
Gone Girl (18A) Fri 6:50-10 Sat-Sun 12:20-3:30-6:50-10 Mon-Thu 5:40-8:50
The Judge (14A) Fri 6:40-9:50 Sat-Sun 12:40-3:40-6:40-9:50 Mon-Tue 5:30-8:40 Thu 5:30-8:40
Kill the Messenger (14A) Fri 6:30-9:20 Sat-Sun 1-3:50-6:30-9:20 Mon-Thu 5:50-8:30
St. Vincent (PG) Fri 7:10-9:40 Sat-Sun 1:10-4:10-7:10-9:40 Mon-Thu 6:10-9:10

Landmark Cinemas 16 Country Hills, 388 Country Hills Blvd

22 Jump Street (14A) No Passes Fri-Thu 9:55
Alexander and the Terrible, Horrible, No Good, Very Bad Day (G) No Passes Fri-Sun 1:30-4:30-6:50-9:15 No Passes Mon-Thu 4:30-6:50-9:15 No Passes Sat-Sun 10:25

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3:50-7:40
The Best of Me (PG) No Passes Fri
1:40-4:45-7:30-10:05 No Passes Sat-Sun
10:55-1:40-4:45-7:30-10:05 No Passes
Mon-Thu 4:45-7:30-10:05
The Book of Life (G) No Passes Fri-
Thu 3:45 No Passes Sat-Sun 11
The Book of Life 3D (G) Fri 12:50-
7:10-9:35 Sat-Sun 10:35-12:50-7:10-
9:35 Mon-Thu 7:10-9:35
The Boxtrolls (PG) No Passes
Fri 12:30-3:30-6:20 No Passes Sat
10:40-12:30-3:30-6:20 No Passes Sun
12:30-3:30-6:20 No Passes Mon-Thu

3:30-6:20 No Passes Sun 10:40
Citizen Marc (STC) No Passes Fri-Sun
1-7-10 No Passes Mon-Thu 7-10
Dracula Untold (14A) No Passes Fri-
Sun 1:45-4:40-7:50-10:15 No Passes
Mon-Thu 4:40-7:50-10:15
The Equalizer (14A) No Passes Fri-Sat
12:15-3:20-6:10-9:25 No Passes Sun
12:30-3:20-6:10-9:25 No Passes Mon-
Wed 3:20-6:10-9:25 No Passes Thu
3:20-6:10
Fury (14A) No Passes Fri 12:40-
3:40-6:45-9:45 No Passes Sat-Sun
10:45-12:40-3:40-6:45-9:45 No Passes
Mon-Wed 3:40-6:45-9:45 No Passes
Thu 3:40 No Passes Thu 6:45-9:45
Gone Girl (18A) No Passes Fri-Sun
12:45-4:10-8 No Passes Mon-Thu
4:10-8
Happy New Year (PG) No Passes Fri-
Sun 12:20-5-9:10 No Passes Mon-Thu

5-9:10
John Wick (14A) No Passes Fri-Sun
1:20-4:50-7:15-9:50 No Passes Mon-
Thu 4:50-7:15-9:50 No Passes Sat-Sun
10:30
John Wick: The IMAX Experience
(14A) Fri-Sun 12-3-6:30-9:20 Mon-Thu
3-6:30-9:20
The Judge (14A) No Passes Fri-Sun
2-6-9 No Passes Mon-Thu 6-9
The Maze Runner (PG) No Passes
Fri-Thu 9:30
Men, Women & Children (18A) No
Passes Fri-Thu 4
Nightcrawler (14A) No Passes Thu
9:30
Ouija (14A) No Passes Fri-Sun 1:50-
4:20-7:20-10:10 No Passes Mon-Thu
4:20-7:20-10:10
St. Vincent (PG) No Passes Fri-Sun
12:10-3:10-6:40-9:40 No Passes Mon-

Thu 3:10-6:40-9:40

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Alexander and the Terrible, Horrible,
No Good, Very Bad Day (G) No Passes
Fri 1:15-4:15-7:10-9:40 No Passes Sat
10:45-1:15-4:15-7:10-9:40 No Passes
Sun-Thu 1:15-4:15-7:10-9:40
Annabelle (14A) No Passes Fri-Thu
10:10
The Book of Life (G) No Passes Fri-
Thu 3:40
The Book of Life 3D (G) Fri 12:45-
6:20-9:30 Sat 10:15-12:45-6:20-9:30
Sun-Thu 12:45-6:20-9:30

Dracula Untold (14A) No Passes Fri
1:45-4:30-7:50-10:25 No Passes Sat
10:30-1:45-4:30-7:50-10:25 No Passes
Sun-Thu 1:45-4:30-7:50-10:25
The Equalizer (14A) No Passes Fri-
Thu 12-3-10-6:30
Fury (14A) No Passes Fri-Thu 12:15-
3:30-7-10:20
Gone Girl (18A) No Passes Fri-Thu
12:30-4-8
John Wick (14A) No Passes Fri 1:30-
4:30-7:20-10 No Passes Sat 10:35-
1:30-4:30-7:20-10 No Passes Sun-Thu
1:30-4:30-7:20-10
The Judge (14A) No Passes Fri-Thu
12-3-20-6:45
The Maze Runner (PG) No Passes
Fri-Thu 9:50
Ouija (14A) No Passes Fri 1:45-4:45-
7:40-10:30 No Passes Sat 10:45-1:45-
4:45-7:40-10:30 No Passes Sun-Thu
1:45-4:45-7:40-10:30
St. Vincent (PG) No Passes Fri 1-3:50-
7:30-10:15 No Passes Sat 10:15-1-
3:50-7:30-10:15 No Passes Sun-Thu
1-3:50-7:30-10:15

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The Chef of South Polar (STC) Sat 7:15
Frankenhooker (18A) Fri 11:55
Jiro Dreams of Sushi (G) Sat 5
Love Is Strange (14A) Fri 7-9 Sat-Sun
1-7-9 Mon-Thu 7-9
My Old Lady (PG) Sat-Sun 3
White Bird in a Blizzard (14A) Fri
7:10-9:10 Sun-Thu 7:10-9:10 Wed 9:10
Thu 7:10-9:10

**Scotiabank Chinook
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Alexander and the Terrible, Horrible,
No Good, Very Bad Day (G) Fri-Sun
12:45-3-5:15-7:30-9:45 Mon
12:50-3-10-10:15 Tue 12:45-3:05-5:15-
7:35-9:45 Wed 12:45-3:05-10:10 Thu
12:45-3:05-5:15-7:35-9:45
Annabelle (14A) Fri-Sun 12:20-2:50-
5:30-8-10:30 Mon-Thu 1:20-4:05-
6:50-9:40
The Best of Me (PG) Fri-Sun 1:50-
4:40-7:30-10:15 Mon-Wed 1:05-3:40-
7-9:50 Thu 3:40-7-9:50 Star & Strollers
Screening Thu 1
Bolshoi Ballet: The Legend of Love
(STC) Sun 12:55
The Book of Life (G) Fri-Wed 12:35-
2:55 Thu 1-3:20
The Book of Life 3D (G) Fri-Sun 5:20-
7:45-10:05 Mon-Wed 5:20-7:45-10:10
Thu 5:45-8:10
The Boxtrolls (PG) Fri-Sun 12:40-3:05
Mon-Wed 12:35-3 Thu 12:30-2:55
The Boxtrolls 3D (PG) Fri-Sun 5:30-
7:55-10:20 Mon-Tue 5:25-7:45-10:10
Wed 10:10 Thu 10:15
Despicable Me 2 (G) Sat 11
Dracula Untold (14A) Fri-Sun 1:45-
4:30-7:05-9:55 Mon-Thu 12:50-3:15-
6:50-10
The Equalizer (14A) Fri-Sun 1:25-
4:30-7:35-10:45 Mon-Thu 1:10-4:15-
7:20-10:25
Fury (14A) Fri 12:20-3:25-6:30-9:40
Sat 12:15-3:25-6:30-9:40 Sun 12:20-
3:25-6:30-9:40 Mon-Wed 12:40-3:45-
6:50-10 Thu 12:40-3:45-6:50-10:10 Fri-
Sun 12:50-3:55-7:10-10:15 Mon-Thu
1-4:05-7:15-10:20
Gone Girl (18A) Fri-Sun 12-12:30-
3:20-3:50-6:45-7:20-10:10-10:40 Mon-
Thu 12:30-1-3:50-4:30-7:10-8-10:25
Guardians of the Galaxy (PG) Fri-Thu
1:15
Guardians of the Galaxy 3D (PG)
Fri-Sun 4:10-7:20-10:25 Mon-Thu
4:10-7:05-9:55
Horns (18A) Mon 7
John Wick: The IMAX Experience
(14A) Fri-Sun 12:25-3-5:25-8-10:30
Mon-Thu 12:30-3-5:30-8-10:30
The Judge (14A) Fri 12:50-4-7:10-
10:20 Sat 4:25-7:25-10:40 Sun-Thu
12:50-4-7:10-10:20
The Maze Runner (PG) Fri 1:05-4:05-
7-10 Sat 1:20-4:05-7-10 Sun 7-10 Mon-
Thu 1:30-4:30-7:30-10:15
National Theatre Live: Skylight - En-
core (STC) Sat 12:55
Nightcrawler (14A) Thu 10:30

Ouija (14A) No Passes Fri-Sun 1:10-
3:30-5:50-8:15-10:40 No Passes Mon-
Thu 1:30-4-7:25-10:05
St. Vincent (PG) Fri-Sun 12:10-2:50-
5:20-7:50-10:20 Mon-Wed 1:25-4:20-
7:15-10:05 Thu 4:20-7:15-10:05 Star &
Strollers Screening Thu 1
The Wolf Man / The Mummy Double
Feature (STC) Wed-Thu 7

**Plaza Theatre
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The Irish Pub (PG) Sat 7 Mon 7-9 Tue
9:15 Wed 7
No Films Showing Today (STC) Fri
Sun
The Rocky Horror Picture Show (STC)
Thu 9:30

**Sunridge Spectrum
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Alexander and the Terrible, Horrible,
No Good, Very Bad Day (G) Fri-Sun
12:40-2:50-5-7:25-9:40 Mon 1:25-4-
7-9:15 Tue 1:25-4-7:05-9:15 Wed-Thu
1:25-4-7-9:15
Annabelle (14A) Fri-Sun 1:40-4:50-
7:45-10:25 Mon-Thu 1:45-4-10:25-10
The Best of Me (PG) Fri-Sun 1:20-
4:20-7:30-10:20 Mon-Tue 1:15-4:05-
6:55-9:45 Wed 4:05-6:55-9:45 Thu
1:15-4:05-6:55-9:45 Star & Strollers
Screening Wed 1:15
The Book of Life (G) Fri-Sun 1:25
Mon-Tue 1:30 Star & Strollers Screen-
ing Wed 1:30 Thu 1:30
The Book of Life 3D (G) Fri-Sun 3:55-
6:55-9:20 Mon-Wed 4:15-6:50-9:20 Thu
4:15-6:50
Despicable Me 2 (G) Sat 11
Dracula Untold (14A) Fri-Sun 1:30-
4:35-7:20-9:55 Mon-Thu 1:35-4:20-
7:15-9:50
The Equalizer (14A) Fri-Sun 2:15-
6:40-9:45 Mon-Thu 2:40-6:20-9:30
Fury (14A) Fri-Sun 12:35-3:50-7-10:10
Mon-Thu 2-6:30-9:35
Gone Girl (18A) Fri-Sun 2:30-6:45-
10:05 Mon-Thu 1:10-4:35-9
Happy New Year (PG) Fri-Sun 12:45-
5-9 Mon-Thu 1-4:55-8:45
John Wick (14A) Fri-Sun 12:30-3-
5:30-8-10:30 Mon-Thu 1:20-3:55-
6:25-9:10
The Judge (14A) Fri-Sun 1:45-6:20-
9:35 Mon-Thu 1:05-4:30-7:40
The Maze Runner (PG) Fri-Sun 1:15-
4:05-7:10-10 Mon-Wed 1:55-7:10-9:55
Thu 1:55-9:55
Nightcrawler (14A) Thu 9:20
Ouija (14A) No Passes Fri-Sun 1:10-
3:30-5:50-8:15-10:35 No Passes Mon-
Thu 2:05-4:50-7:30-9:50
The Trial (STC) Fri-Sun 12:50-4:10-
7:15-10:15 Mon-Thu 1:50-4:45-7:45

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Alexander and the Terrible, Horrible,
No Good, Very Bad Day (G) Fri-Sun
12:45-3-6:30-9:25 Mon-Thu 4:15-6:50-9
The Best of Me (PG) Fri-Sun 7:15-10:10
Mon-Thu 6:35-9:20
The Book of Life (G) Fri-Sun 1 Mon-
Thu 4:20
The Book of Life 3D (G) Fri-Sun 3:30-
6:40-9:30 Mon-Thu 6:45-9:20
The Boxtrolls (PG) Fri-Sun 12:40-3:15
Mon-Thu 4:10
Dracula Untold (14A) Fri-Sun 1:05-
3:55-7:30-10:10 Mon-Thu 4:25-7-9:25
Fury (14A) Fri-Sat 12:30-3:40-6:45-
10 Sun 12:30 Mon-Thu 4:35-7:45 Sun
3:40-6:45-10
Gone Girl (18A) Fri-Sat 12:25-3:40-7-
10:20 Sun 12:25-3:40-7 Mon-Thu 5-8:30
John Wick (14A) Fri-Sun 12:50-4:10-
7:05-9:50 Mon-Thu 4-6:30-9:05
The Judge (14A) Fri-Sun 1:15-4:30-7:45
Mon-Thu 4:30-7:40
Ouija (14A) No Passes Fri-Sun 1:20-
4:15-7:20-9:55 No Passes Mon-Thu
4:30-6:55-9:15
St. Vincent (PG) Fri-Sun 1:10-4-7:10-
9:45 Mon-Thu 4:05-6:40-9:30

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New York standup now has a seat at Weekend Update

Television. The first African-American to co-anchor SNL's news segment dishes on life in his hometown, new gig



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It's safe to say New York City has been good to native Michael Che. The comedian and writer is co-anchor of Saturday Night Live's Weekend Update — and the first African American to sit behind the desk — a gig he left The Daily Show with Jon Stewart to take. And now he's the face of the #NYTough campaign. Not too shabby. But that doesn't mean life in New York isn't still without its drawbacks.

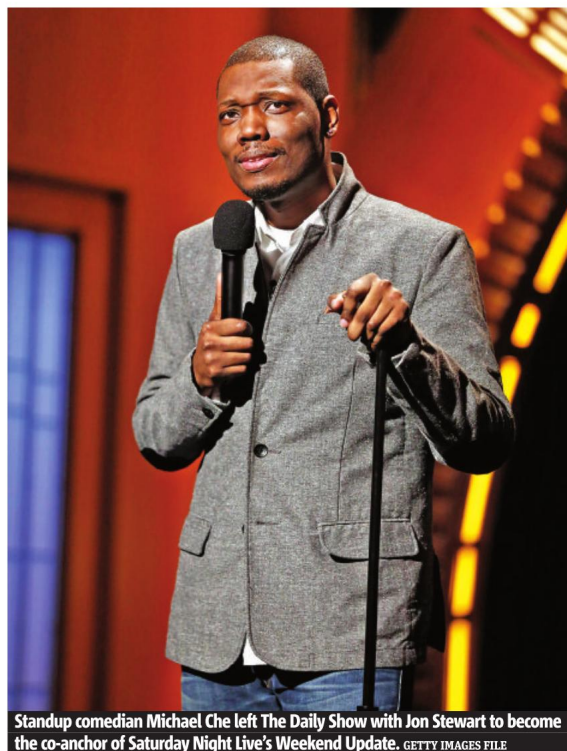
What's your approach to Weekend Update, as the newest anchor behind the desk?

My approach is just talking about things that I would like to see talked about and telling the jokes that I think are really funny. The feedback's been great. It's still a process of learning how to do the job better. I feel like every week is a process of getting better, and we're definitely headed in the right direction, and me and (co-anchor Colin) Hanks are having a lot of fun up there.

Was there any level of intimidation factor the first time you sat there?

Oh, absolutely. It's extremely intimidating because you're doing something that a lot of people care about. A lot of people care about Saturday Night Live and Weekend Update — they grew up with it, it's important to them. It's like you're babysitting somebody's kid. You don't want it to get messed up on your shift.

You've done both SNL and The Daily Show now, which is impressive. Do other NYC comics resent you for hogging all the opportunities? They shouldn't. If they are, they're thinking of the wrong things. They're looking at it weird, because the more New



Standup comedian Michael Che left The Daily Show with Jon Stewart to become the co-anchor of Saturday Night Live's Weekend Update. GETTY IMAGES FILE

York comedians getting jobs on Update or Daily Show or SNL, if we do it, well, it makes it easier for the next guy because they're always looking for the next one.

Comedy is a cycle, so the more people that are like you that get these opportunities, the better. When Hannibal (Bures) gets these opportunities, I feel like I got it because it's opening doors. So be happy for me and Pete Davidson for being standups that are doing these shows because now they're going to be looking for more standups.

You're a native New Yorker. Everyone always talks about how much safer and cleaner the city has become over the last 20 or 30 years, but do you think it's gotten any tougher to live here?

New York is still the toughest city, I believe, but it's different. Obviously it's a lot more expensive and a lot faster. Technology has made things a lot easier, and it's a lot safer than it used to be, but it's still tough. Just ask anybody on the 29th when rent is due how tough New York really is.

Is there a particular NYC odour that's the worst for you?

Oh man, there's plenty of New York smells, but the empty car on a crowded subway is the worst smell in New York City. You walk in because you say, "Wow, there are seats!" Every other car is crowded. Then as soon as you get on you get why that train car is empty — because it smells to holy hell and the doors are closed and you can't get off. That's the toughest thing to smell in New York, in my opinion.

You used to be able to actually walk between the cars.

You used to! You used to be able to walk through the cars, but I guess a lot of people got hurt so they stopped that.

I feel like New York has grown up a lot as far as safety. It used to be you could do a lot of dangerous things, but now there's a cop stand on every corner. It's changed in that way. It's still a tough place to live.

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No hideaway for super-busy Kiesza

Music. Calgary artist feeling 'vulnerable' as her debut album is released this week

With the one-shot, non-stop Hideaway, Calgary's Kiesza introduced herself to the

world with a fluttering tune and a flurry of nimble footwork — and it seems like she hasn't stopped moving since.

The song topped charts in Italy, Belgium, the Netherlands and the U.K. while reaching the Top 5 in many others, including Canada, in the spring. Her debut album, *Sound of a Woman*, is being

released this week.

She's still writing songs for other artists, she contributed music to a 2015 Dreamworks film, and she has designs on making her own cult flick eventually — not as a composer, but a filmmaker. Of course, that's joined by other potential pursuits, including a fashion line. A European

tour is also imminent.

Kiesza, who now lives in New York, couldn't be blamed if she decided to delegate some responsibilities. Yet there she was recently touring possible settings for her second video, *No Enemies*.

"The producer just stopped for a minute and said, 'The artist never comes to the lo-

Quoted

"This is the music that's etched into my DNA, since being in the womb. It just flows out of me naturally."

Kiesza, singer and songwriter

cation scout. You realize this? If you have other things to do ..."

Kiesza recalled during a recent interview in Toronto. "I'm like, 'No, I need to see the rooms.'"

So even though the turn-around on *Sound of a Woman* was fairly quick, it's tough to doubt Kiesza's commitment to the material.

Aside from the years-in-the-works synth bath *So Deep*, these 13 songs came together very quickly — something Kiesza's comfortable with, given that breakout *Hideaway* was written during an hour-long ride to the airport.

That sleekly propulsive number leads off the album. Hip hop crops up on the vamping *Losin' My Mind* and even more so on *Bad Thing*, a showcase for dexterous Brooklyn teen rapper Joey Badass, one of a series of

genres Kiesza hopscoches through: soul, Chicago house, R&B and EDM.

"I was in a death metal band, a jazz band, a rock band, a solo pop thing where I wore spandex and aviator goggles dyed different colours," she recalled.

"I felt like I was just trying on different hats and they didn't fit.

"And then writing *Hideaway*, which happened out of nowhere, and realizing this is so right, realizing that this is the music that's etched into my DNA, since being in the womb. It just flows out of me naturally."

A bigger-than-anticipated audience is paying attention now, and she knows it.

"It's hard to open up all your emotions to the world," she said. "I feel very super-vulnerable."

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Kiesza performs her hit song *Hideaway* at the Much Music Video Awards in June. STEVE RUSSELL/TORSTAR NEWS SERVICE

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My private life is off-limits, says star of Stalker

TV. Maggie Q, who once had her own brush with stalking, believes people should safeguard their privacy



Maggie Q stars with Dylan McDermott in the series *Stalker*. MONTY BRINTON/CBS

For Maggie Q, her new series, *Stalker*, hits close to home. But not too close, if Maggie can help it. She sees privacy, and guarding her personal space, as vital to her freedom.

Even so, she has had her own brush with a stalker.

"He thought he had a relationship with me that wasn't happening," she says, recalling the delusional fan. "I didn't know that person!"

As a past star of Asian-based action films, after which she played the title character of *Nikita* for four seasons, Maggie has done her best to evade off-screen attention.

Now, in the early weeks of her new series, which airs Wednesdays at 10 p.m. ET/PT on Global, she has braced for an even greater challenge to staying out of the public eye.

On *Stalker*, she and Dylan

Quoted

"I don't find myself that interesting!"

Maggie Q, who plays Det. Beth Davis

McDermott star as detectives who investigate stalking incidents for the Threat Assessment Unit of the Los Angeles Police Department. Maggie hopes her series will shine a light on the trauma of being stalked, and serve as a reminder that everyone can take steps to safeguard their private lives.

"With social media today, all our lives are more accessible and on display," she says. "There's an immediacy in our culture now, where whatever you feel at this moment enters your head and comes out your fingertips into your phone and into the world."

Unless, that is, like Maggie, you

disrupt the flow. "I'm very bad on social media. I post nothing. I don't have Instagram, and I've never had Facebook."

Maggie finds celebrity worship bewildering.

"Look at the people who are in the news," she says, pointing to gossip-media royalty. "I don't find them fascinating. I think they're a bunch of idiots. But everybody's interested in their lives. I don't understand that. I never understood when it was happening to me."

That was in Asia more than a decade ago, when, to her chagrin, she realized she had punched her way to fanzine fame as a breakout action star.

Why were celebrity rags dogging her? She doesn't seem sure herself. "I don't find myself that interesting!" she says during a recent interview.

Now 35, she was born Margaret Denise Quigley to an American father and a Vietnamese mother, and after growing up in Hawaii with an athletic bent, she found success as a model in Hong Kong to earn money for school.

Her modelling career didn't last long. Jackie Chan signed her for a slate of action films.

THE ASSOCIATED PRESS

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Zach Galifianakis ALL PHOTOS: GETTY IMAGES

One good fern deserves another as Brad gives as good as Zach gets

Here's a little fresh Internet to brighten your day: Funny or Die has a new episode of Zach Galifianakis' cringe-inducing faux-talk show, Between Two Ferns, this time featuring Fury star Brad Pitt. "You play a lot of people that are Nazi-haters, which is weird to me," Galifianakis tells Pitt (identified on-screen as Bart Pitt from 12 Years a Slave). "Because you

look like Hitler's dream." Other moments of wonderful awkwardness include Galifianakis gifting Pitt a bong, asking him if it's hard to maintain a suntan while living in Angelina Jolie's shadow and introducing Louis C.K. mid-interview to do a little standup. But it's his last question — which prompts quite a response from Pitt — that steals it.

Gal pal donned black tie to escort a dateless Keira Knightley to the prom

You're going to find this very hard to believe, but Keira Knightley insists she couldn't find a guy to take her to the prom. First of all, they have proms in the U.K., too? And second of all, are you kidding me, young British teenagers 10 years ago? What's wrong

with you?! So instead, Knightley ended up going with a female pal. "Neither of us got invited by anybody else. No guys came anywhere near us," Knightley says. "But she had black tie because it was black tie." Well, at least someone treated her like a lady.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

McConaughey opens mouth, puts in one foot, then the other



NED EHRBAR
Metro in Hollywood

Oh, Matthew McConaughey. Sometimes you should just keep your mouth shut. As a lifelong fan of the Washington Redskins, the Interstellar star hopes that all the hubbub about the team's name and emblem being insensitive and maybe needing to change will just blow over. "I love the emblem. I dig it. It gives me a little fire and some oomph. But now that's in the court of public opinion, it's going to change. I wish it wouldn't, but it will," he tells GQ.

But what really bothers him? The trendiness of it all. "What interests me is how quickly it got pushed into the social consciousness. We were fine with it since the 1930s, and all of a sudden we go, 'No, gotta change it?' It seems like when the levee breaks, everybody gets on board," he says. I could list some



other things "we" were fine with since the 1930s that eventually needed to be changed, but I don't think it would sink in.

McConaughey then goes on to employ the ever-popular "some of my best friends" defense, adding, "I know a lot of Native Americans don't have a problem with it, but they're not going to say, 'No, we really want the name.' That's not how they're going to use their pulpit."

Avatar Secrets



Episode 9: Empathy



On her own again, Tristanova is focused on getting to the end of the game. She is strong, confident and capable, but as she progresses through the game, she comes across another player, struggling in battle. "Accepting your vulnerability and knowing how to cope with it is the opposite of being weak," says Dr. Sue Johnson, author of Love Sense. Scan this photo for a video of Johnson talking about strength.

COMMISSIONED BY TVO, AVATAR SECRETS IS AN ONLINE DOCUMENTARY THAT EXPLORES THE ALLURE OF THE VIRTUAL WORLD AS A NEW FRONTIER FOR CREATING EMPATHETIC CONNECTIONS AND PURSUING SELF-DISCOVERY.

Visit metronews.ca/avatarssecrets over the next few days as we post daily chapters from Avatar Secrets.

- Collector cards. You can also download 10 collector cards from the series!

Twitter



@bjnovak

Two lies about Seinfeld:
1. It was about nothing.
2. Its characters were unlikeable.



@mindyaling

I took my young female assistant to Johnny Rockets for the first time like I'm humbert humbert



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SHUTTERSTOCKIMAGES

Local shops are what make a community

Yellow Pages campaign encourages people to shop at local businesses this holiday season

There are more than one million small businesses in Canada, and they employ close to half of the country's workforce. In today's global marketplace, with its myriad of online-shopping choices that are just a mouse click away, it's easy to forget about the positive impacts that our dollars have when we spend them at retailers in our own communities, whether it's at a store that makes handmade chocolates, natural skin-care products or microbrewed beer or at an independent bookstore.

Shop The Neighbourhood is a free initiative by Yellow Pages that aims to raise awareness of the important role that small businesses play in creating healthy, thriving neighbourhoods. Special events marking this campaign will take place on Saturday, Nov. 29, in Toronto, Ottawa, Montreal, Calgary, and Vancouver.

"Small businesses are the lifeblood of neighbourhoods across Canada. They give our communities their uniqueness and are often the reason we're drawn to specific areas," says François Ramsay, senior vice-president, corporate affairs at Yellow Pages.

It's important to note that Shop The Neighbourhood is more than just a single day of recognition for the economic treasures that our small businesses are. During the six weeks leading up to Nov. 29, an awareness campaign will promote the positive impacts of supporting small businesses and shopping locally. This will be capped off with a day in which residents are officially encouraged to make a local purchase at a participating business and take advantage of exclusive event-day deals.

Nov. 29 falls between Black Friday and Cyber Monday, two days when Canadians tend to cross the border to the United States or go online to take advantage of bargains and get a head start on holiday shopping.

Yellow Pages consciously chose to put Shop The Neighbourhood between those two days, to provide Canadians with local shopping choices with their own exclusive deals and savings of-

fered by neighbourhood businesses.

"I live and work in and around Calgary's Beltline — one of the best examples of a neighbourhood that is thriving thanks to small local businesses," says W. Brett Wilson, entrepreneur and former Dragons' Den personality. "One of the reasons I enjoy the area so much is because of the extraordinarily diverse group of retailers, coffee shops, and restaurants. I'm a big supporter of the Shop the Neighbourhood campaign because it supports and celebrates small business and gives them a stronger voice than they could ever have on their own. I know where I'll be shopping Nov. 29."

YELLOW PAGES SUPPORTS SMALL BUSINESSES

The digital gap between consumers and Canada's businesses is widening: three-quarters of Canadians research purchases online, but less than half of small businesses in Canada have an online presence, according to a 2014 Canadian Internet Registration Authority (CIRA) report. What's more, a recent Statistics Canada study revealed that cross-border shopping by Canadians in the United States rose 72 per cent between 2006 and 2012, with Canadians spending \$8 billion in the U.S. in 2012 alone.

Yellow Pages, a Canadian digital media and marketing solutions company, has a century-long legacy of working with small businesses in communities across Canada. Through its business operations, Yellow Pages strives to help businesses close that digital gap through its service offering. Now, with Shop The Neighbourhood, it's allowing participating businesses to experiment with online and mobile marketing by hosting a promotion for free on Yellow Pages digital properties.

HOW IT ALL BEGAN

Shop The Neighbourhood was originally piloted by Yellow Pages in downtown Oakville, Ont., in February 2013; from there it was expanded to



SMALL BUSINESS, BIG BENEFITS

According to Industry Canada, "approximately 100,000 small businesses are created in Canada each year. Small businesses also employ 40 per cent of Canada's private sector workforce."

Here are just three benefits that small businesses offer their communities:

- 1 Keep dollars in the area.** Money spent within neighbourhoods directly benefits the local economy and tends to be re-invested within the community in the form of local employment or the contracting of locally based supplies and services.
- 2 Keep decision-making power close to home.** Local ownership means that business operation and activities that may affect the community are made locally, by people aware of the impacts that those decisions have on the surrounding area.
- 3 Promote close-knit neighbourhoods.** Local business owners and staff share the community's interests and are often personally invested in the welfare and future of the neighbourhood.

the Greater Toronto Area in November of that same year.

Post-event research showed that more than 50 per cent of people in the GTA who had heard of the campaign purposely chose to make a local purchase that day, while more than 80 per cent said that it directly influenced their shopping habits. "Our Shop The Neighbourhood initiative is a reminder to all Canadians of how important it is to support local businesses as the impacts of that support extend to the hearts of our communities," says Ramsay. "On Nov. 29 this year, show your support for neighbourhood businesses by making a local purchase."

If all Canadians choose to buy locally — both during Shop The Neighbourhood and throughout the rest of the year — small businesses will be strengthened and, as a result, so will the neighbourhoods in which we live, work and play. To participate in Shop The Neighbourhood as a business or a shopper, visit shoptheneighbourhood.ca. Deals are available on the following platforms: YP.ca, the Yellow Pages mobile app, the ShopWise mobile app, and on shoptheneighbourhood.ca. You can also show your support by joining the Shop The Neighbourhood Facebook page or Twitter account or by following the hashtag #shopthehood.



Shop THE NEIGHBOURHOOD™



YellowPages™

**On November 29th, let's support
Calgary's local businesses**

Buying local means supporting small, neighbourhood businesses that directly contribute to building healthy, thriving communities. Shop The Neighbourhood is a Yellow Pages initiative encouraging Canadians nationwide to make local purchases on November 29th.

Join the movement!

 **#shopthehood**

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shoptheneighbourhood.ca

Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

Smoking: What's bad for you is good for meat



This recipe serves four. COURTESY RICARDOCUISINE.COM

Smoked Ribs. Still have your barbecue out? Fire it up! If you've put it away don't worry, you won't miss out



RICARDO COOKS
Chef Ricardo
Ricardo Magazine

Pork ribs are often typecast as casual, game-night nosh, but they can easily be transformed into something a little more upscale.

1. Place a large rectangular disposable aluminum plate under the grill grate (the aluminum plate should be as large as the surface of the ribs side by side to avoid direct contact with the flame). Fill with the wood chips. Preheat the grill on high until the wood begins to smoke, about 15 to 20 minutes.

2. Meanwhile, in a bowl, combine the spices, brown sugar, salt and pepper. Set aside.

3. In a measuring cup, combine the beer and maple syrup. Set aside.

4. Rub both sides of the ribs with the dry rub. Place on the grill, side by side, bone side down. Cover with aluminum foil.

5. Reduce the heat of the grill

to medium-low. Close the lid (keep the lid closed throughout the cooking period to preserve the smoke and heat) and cook for 30 minutes.

6. Turn the ribs and pour some of the beer mixture over the bones. Cover and continue cooking for about 30 minutes. After the first hour of cooking, baste and turn the ribs every 15 minutes, for about 30 to 45 minutes or until tender. Check the ribs frequently towards the end of cooking as they caramelize and burn easily. Alternatively, you can cook the ribs in a 300 F (150 C) oven for 1 hour and 30 minutes or until the meat is tender. Baste as above after first hour. Broil for 5 minutes to brown the meat just before serving. **FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S ENGLISH EDITION, WHICH LAUNCHED THIS SEPTEMBER!**

Ingredients

- 6 cups mesquite wood chips
- 1 tbsp chili powder
- 1 tbsp paprika
- 1 tbsp brown sugar
- 1 tsp salt
- 1/2 tsp ground black pepper
- 1 cup (250 ml) beer, amber or dark
- 2 tbsp (30 ml) maple syrup
- 5 lb (2.2 kg) pork baby back ribs, trimmed (to trim the ribs, just remove the white membrane on the back of the ribs with paper towel)

Liquid Assets

Wine flick pairings



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Even if you adore French wine, odds are you'd rather watch grape juice ferment than a documentary about the highs and lows of being an affluent chateau owner in Bordeaux.

Some can be as stiff as their expensive shirt collars, which is what kept me away from Red Obsession when it briefly hit theatres.

I finally caught it on Netflix and, to paraphrase a famous line from another movie delivered by Obsession's narrator Russell Crowe, I was "entertained."

While the focus of the doc is on China's sudden love affair with Bordeaux, it's the people behind the wines who are the stars.

They all come off as down to earth and entertaining, especially Chateau Pétrus' Christian Moueix.

If you've got bags of money you can sip on Pétrus while you watch the flick. If not, I recommend the 2009 Christian Moueix

Merlot (\$16.98 - \$21.99) as the best pairing.

Often called baby Pétrus, its ripe, well-balanced mix of cassis and cherry with balanced tannins and acid is a showstopper.

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#Weoweyouone-Calgary

Bar C, the popular 17th Avenue hangout, is all grown-up this year. And to celebrate their second birthday, they've updated the interior with a sweet new look and a week of charity to help thank the Calgary community. Until Sunday, Bar C will donate proceeds from each daily feature to a local charity of choice like Inn from the Cold and the Calgary Humane Society. So this week you're seriously encouraged to drink. You'll actually feel better about yourself in the morning, too. bar-c.ca



Toast and Jam

Calgary is all about brunch, but how about a boozy brunch? Bespoke is hosting their first-ever Toast and Jam party on Sunday, Oct. 26 from noon to 2 p.m. and you're invited. The bar will become a sensational space for you and your breakfast crew to sip on Veuve Clicquot bubbly while taking in a delicious meal prepared by Nicole Gourmet. After brunch, DJ Thomas H will be getting the party started with some club hits that will make for a memorable Sunday. Brunch tickets are \$45 attoastandjam.zoobis.com



Create The Love You Want

On Oct. 30, Modern Ladies of Influence and the Social Man Project are presenting an event that will appeal to many singles out there. If you've been coming up short on eligible bachelors and bachelorettes in this town, then you might want to attend this pre-launch party/networking mixer. Two leading authorities on dating have come together to offer you advice, inspiration and coaching on relationships. From 5 to 8:30 p.m., the Metropolitan Grill on Stephen Ave. will be the place to be if the L-word has been on your mind. Entrance is free with a food bank donation. To learn more: socialmanproject.com



Housecoats and 10 Pin

On Oct. 31, the National Bowl is doing you a solid by throwing a wicked Halloween party that requires little effort in the costume department. From 8 p.m., you're invited to join the Big Lebowski party that will include White Russians, housecoats and hopefully a few rounds of 10-pin bowling. Obviously there will be prizes for best costumes. The Dude abides this Halloween, and you'll want to be there. Just don't ruin any rugs. ntl.ca/the-big-lebowski-at-national-bowl



Big Shiny Tunes

If a Big Lebowski party isn't out there enough for you, then why not time travel back to 1997 with a Big Shiny Tunes party at the Royal Canadian Legion (also Oct. 31)? Thanks to CJSW and Sled Island, this now-dated album will get a fresh new take when a handful of local bands cover the original soundtrack including tracks by Third Eye Blind, Sugar Ray and The Chemical Brothers. Who knows, Rick the Temp might even make an appearance. For tickets: bigshinytunes.zoobis.com



Contemporary Calgary

If glamour is your goal in the next two weeks, then you should probably know about the Contemporary Calgary gala that takes place Nov. 1 at the Centennial Planetarium. Tickets for this fabulous event are now on sale. You'll be able to taste the crafty cuisine of Chef Duncan Ly and experience an evening of unparalleled class with live auction items. This is your chance to win tickets. contemporarycalgary.com

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NBA

Season-ending injury brings on retirement speculation for Lakers' Nash

Los Angeles Lakers guard Steve Nash has been ruled out for the season with a back injury, putting the two-time NBA MVP's career in doubt.

The Lakers and Nash announced their decision Thursday, less than a week before the start of the 40-year-old Nash's 19th NBA season. Nash played in just 15 games last season with nerve root irritation, but had high hopes for a comeback season after several months of rehabilitation.

Instead, the Canadian point guard strained his back while carrying bags several days ago and has now been ruled out for the season. **THE ASSOCIATED PRESS**



Steve Nash GETTY IMAGES

Moving on in Ottawa



"Anything we can do to help with spirits or take our minds off things we'll be happy to do."

Ottawa Senators centre Kyle Turris. On Friday night, the Ottawa Redblacks return to the field while the Senators will take the ice Saturday after Wednesday's shooting in the nation's capital.

Lustre lacking for Stampeders-Riders

CFL. Calgary forced to find other means of motivation for game against defending Grey Cup champs

It looked like a juicy game on the CFL schedule back in June: the Saskatchewan Roughriders at the Calgary Stampeders on Friday.

The defending Grey Cup champions back at McMahon Stadium to face the 14-4 team they upset there to win last year's West Division final. The stadium is expected to be equal parts red and green.

What's missing is the play-off intrigue you'd expect this late in the season between these two football clubs.

The Stampeders (13-2) have already sewn up first in the West with three games still to play. They know they'll host the division final again Nov. 23.

The Roughriders (9-7) are also playoff bound with two games to go. It's just a matter of which road game they'll play. Saskatchewan will either finish third in the West or be the crossover team in the East.

So beyond playing for the win Friday, both clubs will work personnel and systems with the post-season in mind.

Playing good football going into the playoffs is motivation enough for the Stampeders, says quarterback Bo Levi Mitchell. Calgary also hasn't forgotten how a stellar season ended badly with a 35-13 loss to Saskatchewan on home turf



The Stampeders are cruising with a playoff spot already locked up going into this Friday's matchup with the hurting Roughriders. JOHN WOODS/GETTY IMAGES

in last year's West final.

"We let a team come into our house and celebrate on our field, so we all have that sour taste in our mouths," Mitchell said Thursday. "A game is an opportunity to go out and get better. That's meaningful enough for us."

Receiver Eric Rogers makes his CFL debut in place of the injured Joe West, so Mitchell will work with different targets to advance the football.

"To me, it's about spreading the ball around, making sure we're getting to our guys and let those guys go out and make

Week 18



Roughriders at Stampeders, Friday, 7:30 p.m.

Having already clinched first in the West Division, Calgary (13-2) is unlikely to dress running back Jon Cornish due to general soreness. Cornish ran for 160 yards against Winnipeg and leads the CFL with 977 yards despite missing seven games due to injury. Kerry Joseph, 41, will make his second straight start for Saskatchewan (9-7) after completing 17 of 36 passes for 213 yards with two TDs and two interceptions in Sunday's 24-19 loss to Edmonton.

Pick — Calgary

plays, get our running game going like we always do and just become in all three phases better as a football team," Calgary's quarterback said.

"The guys that are in, the guys that are replacing some guys who are banged up, they have a chance to get better. You don't know going into playoffs who you are going to lose and how many you're going to get back. Everybody's got to be ready to go."

Calgary downed the Roughriders 31-24 in Regina on Oct. 3, when Drew Tate drew in as starter for the injured Mitchell.

THE CANADIAN PRESS

4 SPORTS

Notice of Hearing For Permanent Guardianship Order To Shannon Ledoux

Take notice that on the **14th day of November 2014 at 9:30 a.m.**, at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order**; of your children born on **December 4, 2002 and January 12, 2007**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink
Calgary and Area Child and Family Services
Phone: (403) 297-2978

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Notice of Hearing For Permanent Guardianship Order To Barry Highfield

Take notice that on the **14th day of November 2014 at 9:30 a.m.**, at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order**; of your child born on **December 4, 2002**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

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Redblacks, Sens strive to help healing process

Attack aftermath.

Upcoming games in
Ottawa more than just
sporting events

On Friday night, the CFL's Ottawa Redblacks will return to the field. The NHL's Senators will take the ice Saturday.

Neither game has much significance in the standings — the Redblacks are playing out their disappointing inaugural season while the Sens are just getting their campaign started.

But after Wednesday's brazen attack on Parliament Hill, the games have become something more than just sporting events. Players on both teams

Honouring Cpl. Cirillo

The Redblacks will hold a pre-game tribute in memory of Cpl. Nathan Cirillo, who was shot and killed Wednesday, as well as two Canadian soldiers who were attacked Monday in St-Jean-sur-Richelieu, Que.

say they hope it will help lift the heartbroken city's spirits and begin the healing process.

"I think it shows we are defiant to outside threats or acts of terrorism," said Jeff Hunt, president of the Ottawa Sports & Entertainment Group, which owns the Redblacks. "We're going to continue to live as Can-

adians and enjoy our lives and enjoy our freedoms. A sporting event is never more important than after something like what happened here in Ottawa."

The Redblacks game against the Montreal Alouettes will be the first large-scale public gathering since Wednesday's shooting at the National War Memorial and Parliament Hill.

"Friday night I think the Redblacks game, and our game Saturday that it will be real special to see a cool atmosphere and see everybody come together and show our support for everybody involved through the game," said Sens forward Kyle Turris. "Anything we can do to help with spirits or take our minds off things we'll be happy to do." **THE CANADIAN PRESS**



Flames an immovable force against Canes

The Flames' Paul Byron stands his ground against the Hurricanes' Alexander Semin at the Scotiabank Saddledome on Thursday night. Sean Monahan scored a pair of goals and Jonas Hiller stopped 16 shots to earn a shutout as the Flames won 5-0. **JEFF MCINTOSH/THE CANADIAN PRESS**

Canucks snap losing streak

Miller victorious in return to St. Louis

Ryan Miller made 31 saves in his return to St. Louis and the Vancouver Canucks scored three times in the third period to beat the Blues 4-1 on Thursday night.

Nick Bonino, Linden Vey and Jannik Hansen all scored in the third period to help

the Canucks (4-2-0) snap a two-game losing streak. The Blues fell to 2-3-1 with their second consecutive loss.

The Canucks scored just 41 seconds into the game off a Blues turnover in the neutral zone. Alexandre Burrows' wrist shot from the left circle was knocked down by goalie Jake Allen, but Chris Higgins was there to put home the rebound for his second goal of the season.

The Blues tied the score with a power-play goal from Kevin Shattenkirk with 12:22 left in the second period after the Canucks were called for too many men on the ice.

Nick Bonino put the Canucks ahead to stay with 15:06 remaining in the third period when he scored on an odd-man rush following a save by Miller on the other end. **THE ASSOCIATED PRESS**

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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Let relationship issues take care of themselves today and over the weekend. You have spent too much time worrying about how others are coping with their emotional upsets. Your own needs require attention.

♉ Taurus

April 21 - May 21

It may seem like a partnership has reached a point where it can no longer do anything for you, but you are wrong. What happens today will make you realize it still has much to offer.

♊ Gemini

May 22 - June 21

Don't brood about big things you cannot change. Instead, focus on small things you can do right now. Small steps will become giant strides.

♋ Cancer

June 22 - July 23

It's not often you need to be told to keep your feet on the ground but with so much fantastic cosmic activity it will be easy to get carried away.

♌ Leo

July 24 - Aug. 23

There may be some irritating things going on but don't overreact. A loved one is not behaving badly because it is their nature but because they need time alone.

♍ Virgo

Aug. 24 - Sept. 23

No matter how emotionally draining recent events may have been, you are past the worst. Expect to be rewarded.

♎ Libra

Sept. 24 - Oct. 23

Don't let financial issues dent your confidence. The Sun in Scorpio over the next few weeks will bring new possibilities. Keep your eyes and ears open.

♏ Scorpio

Oct. 24 - Nov. 22

Life moves in never-ending cycles and because the cycle you have now entered is positive in the extreme you have every right to feel pleased.

♐ Sagittarius

Nov. 23 - Dec. 21

Your imagination is active, which means you should make a point of focusing on good things only. If you let negative thoughts take hold they will be very hard to shake off again.

♑ Capricorn

Dec. 22 - Jan. 20

Have you recently taken a decisive step, one that could have a huge effect on the working pattern of your life? If so, you are advised to stop and think about it some more.

♒ Aquarius

Jan. 21 - Feb. 19

The Sun in the area of your chart that governs your social and professional reputation makes this one of the most vital times of the year. Whatever your goals, get serious.

♓ Pisces

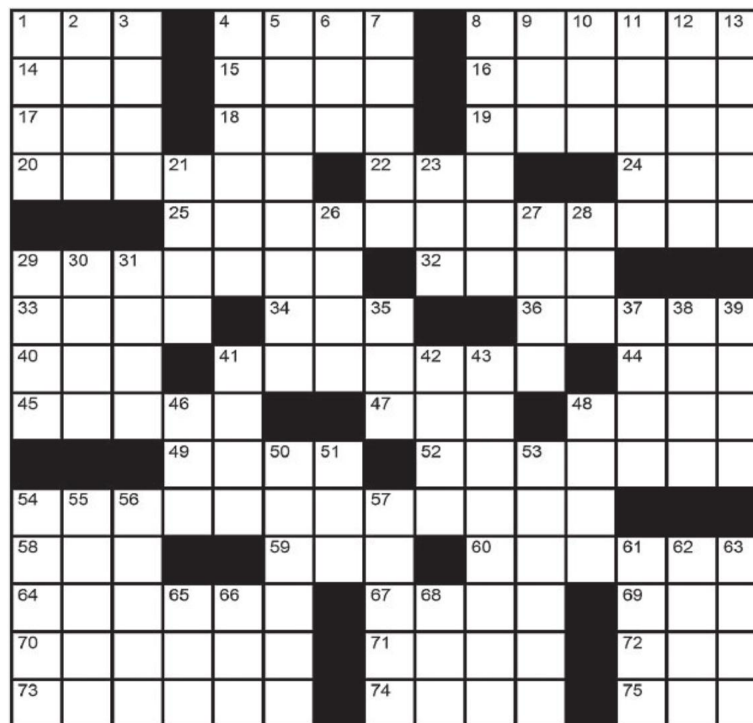
Feb. 20 - March 20

After a few gloomy weeks, you can't help but be delighted with life. Make it your business today to help those who are still trapped in the darkness.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. 2014 Toronto mayoral candidate Mr. Goldkind
4. Poet's preposition
8. Prepares the morning bread
14. Ern as Erne = _ . sp.
15. Not ever, poetically
16. "Such an amazing feat!"
17. "___ Blind" by 54-40
18. Robert Ulrich's mid-'70s police series, "___"
19. Bug
20. Performs in the ballroom
22. Brick carrier
24. Pump part
25. Setting of #52-Across, ___ Centre
29. Astronomer of note (b.1564 - d.1642)
32. Yarn
33. Norse deity
34. For instances, for short
36. Sailor's stop!
40. ___ station
41. Most near
44. Airport posting, for short
45. ___ 3 fatty acids
47. And so forth, commonly
48. Burger alternative
49. Quick, office-style
52. International Festival of ___, on now in Toronto



54. Newfoundland's coast, as it is dubbed, because of the floating-by-chunks from the Arctic: 2 wds.
58. Sofa break
59. Arm drawing, fun-style
60. Dessert menu item
64. Space twinkler, in

- French
67. Many
69. Tint
70. More embarrassed
71. Balm additive
72. Annex
73. Peace talks agreement
74. Rockefeller Center muralist

75. Funnyman Mr. Brooks

Down

1. Enthusiastic
2. Sitar song
3. It's pumped at gyms
4. Open the envelope
5. Pre-movie feature long ago
6. Soothing drink
7. 'Straight'-meaning prefix
8. Nunavut expanse
9. "You're Still the ___" by Shania Twain
10. Hockey scoring award, ___ Ross Trophy
11. Short but heated fight

12. Jean-___ (Montreal metro station)
13. Rain/snow mix
21. Face part
23. KO'd
26. Store sale's 'two for the price...' acronym
27. Like fizzy-less pop
28. Gun the engine
29. Belinda Carlisle, for one
30. Mr. Sandler
31. Ms. Watier
35. Opposite NNW
37. Prefix with 'dynamic'
38. Headliner
39. Tom Cruise movie
41. Pillow's packaging
42. And others, for short: 2 wds.
43. Michelangelo, at times
46. Chitchat
48. How comes??
50. Important thoroughfare
51. Sports org.
53. Silverware service: 2 wds.
54. Sluggish
55. Provide food for an event
56. Lyric poem variety
57. Bodybuilding legend Charles
61. Band for Irish singer Van Morrison
62. Govern
63. Shout!
65. Mom on "Rhoda"
66. Rent
68. Grand ___ Opry

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

9	6	5	7	3	1	4	8	2
1	4	2	5	9	8	3	6	7
8	7	3	6	2	4	1	5	9
4	2	6	3	7	5	9	1	8
3	8	7	2	1	9	6	4	5
5	1	9	4	8	6	2	7	3
6	3	1	9	5	7	8	2	4
7	9	4	8	6	2	5	3	1
2	5	8	1	4	3	7	9	6

	9		8		2		4	
	5	3				7	8	
4								6
		6	7	5	3	2		
			2	4	1	6	5	
7								3
	4	1				9	7	
	6		2		7		5	

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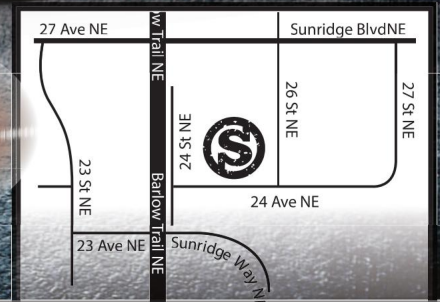
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Cochrane - Riversong
38 River Heights Crescent - 403.981.0075

The Rowan, 1690 sq.ft.
• Laminate flooring throughout main floor
• Quartz kitchen countertops
• West-facing deck

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MONTHLY PAYMENTS FROM: **\$1764**

60 DAY POSSESSION:



Cochrane - Heritage Hills
106 Heritage Cove - 403.981.0048

The Fairmont, 2227 sq.ft.
• Located in cul-de-sac
• Exquisite kitchen with large island
• Large front master suite

\$549⁹⁰⁰
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MONTHLY PAYMENTS FROM: **\$2479**

IMMEDIATE POSSESSION:



NW Calgary - Nolan Hill
83 Nokesmere Green NW - 403.652.7514

The Sorrento, 2345 sq.ft.
• Lot backs onto green space
• Fireplace with stone surround & mantle
• Central bonus room on upper floor

\$624⁹⁰⁰
INCLUDES HOME, LOT & GST
MONTHLY PAYMENTS FROM: **\$2806**

IMMEDIATE POSSESSION:



SE Calgary - Legacy
55 Legacy Circle SE - 403.474.1545

The Stanton, 2564 sq.ft.
• Main floor pocket office
• Luxuriously oversized master bedroom
• Rear deck overlooking 300 acres of green space

\$674⁹⁰⁰
INCLUDES HOME, LOT & GST
MONTHLY PAYMENTS FROM: **\$3031**

30 DAY POSSESSION:



Cochrane - Riversong
203 River Heights Crescent - 403.981.0075

The Diverreux, 1584 sq.ft.
• Main floor is open & bright with large windows
• Luxurious ensuite that includes soaker tub
• Front veranda & rear deck included

\$394⁹⁰⁰
INCLUDES HOME, LOT & GST
MONTHLY PAYMENTS FROM: **\$1773**

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